



Joint Range of Motion and Muscle Length Testing - Elsevier eBook on Intel Education Study (Retail Access Card), 3e

By Nancy Berryman Reese PhD PT, William D. Bandy PhD PT SCS ATC

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Learn the best ways to accurately measure range of motion and muscle length with this thoroughly updated new edition. Logically organized and easy to follow, this practical text provides accurate and up-to-date information on norms for range of motion in all age groups, as well as the reliability and validity of each technique. The techniques detail measurement of both joint range of motion and muscle length testing of the spine and extremities using the goniometer, the inclinometer, and the tape measure. An effective combination of instructions, illustrations, and layout for each technique allows you to easily understand and follow the information provided.

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Bibliography

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Review

"This book provides a wealth of information regarding the theory and practice of evaluating joint motion and muscle length. Because of this text's comprehensiveness and its easy to read format, it would be a useful resource for students, novice and experienced clinicians, particularly physiotherapists, occupational therapists and medical practitioners." *Joint Range of Motion and Muscle Length Testing* January 2010

"[The book] if read through and through for the area of the body of interest, will give an informed and well-documented overview of the procedures for measuring that part of the anatomy, and the reliability and validity of those measures." **PMG, 2010 Vol. 27:1**

"One of the most comprehensive range of motion and muscle length texts on the market... a great reference text for a busy orthopedic practice."

Physical Therapy Reviews, March 2011

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Guadalupe Baxter:

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