

Secret Eden: anti-stress art therapy colouring book

By Christina Rose



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Enter the splendour of nature's *Secret Eden* with Christina Rose's stunning new colouring book. Capturing the beauty of the world of wildlife, *Secret Eden* draws you closer with its intricate illustrations and inspiring words of nature's natural power.

Explore a new creative vocabulary as you add beauty and colour to the world of *Secret Eden* and lose yourself in the moment as you create.

Appealing to all ages, you'll find the elaborate and intimate world of nature is all at once beautiful, inspiring and relaxing.

You may also enjoy other creative colouring books by Christina Rose including:

Dream Catcher: life on earth
Dream Catcher: finding peace
Dream Catcher: mindfulness
Dream Catcher: the tree of life

Dream Catcher: a soul bird's journey

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Sales Rank: #564129 in Books
Published on: 2015-05-30
Original language: English

• Number of items: 1

• Dimensions: 11.00" h x .15" w x 8.50" l, .38 pounds

• Binding: Paperback

• 64 pages

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Editorial Review

About the Author

Christina Rose is the creator of a series of grown-up coloring books designed to delight and destress.

Users Review

From reader reviews:

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