



# Holland's Guide to Psychoanalytic Psychology and Literature-and-Psychology

By Norman N. Holland

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As psychoanalysis becomes more and more important to literary studies and the accompanying literature bulks larger and larger, students often feel overwhelmed, not knowing where to turn for readings that will open up the subject. *Holland's Guide to Psychoanalytic Psychology and Literature-and-Psychology* offers an ingenious solution to this problem. It provides concise outlines of all types of psychoanalytic theory and shows how they apply to literary criticism. The outlines point in turn to further, more specific readings--articles, essays, and books--which can then be located by two extensive bibliographies that follow the discussion. These offer materials that range from the earliest Freud to the latest cognitive science and include dozens of bibliographic aids.

Holland integrates these suggested readings with lively, detailed comments on various psychologies as they relate to literature. He is thus able to guide students easily to the precise subject they wish to study, be it Jungian criticism, ego psychology, feminist psychoanalysis, psychoanalytic film theory, or interpretation of some specific text. Holland also offers a bracing discussion of reader-response criticism and a lucid guide to the work of Jacques Lacan. A trenchant epilogue defends the psychological approach, suggesting which points in psychoanalytic theory will work for literary critics, and which will not. The only such guidebook for students of psychoanalytic literary theory and literary criticism, *Holland's Guide* will also prove an invaluable aid for those studying psychoanalysis and psychology.

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