



Culture and Health: Applying Medical Anthropology

By Michael Winkelman

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Culture and Health offers an overview of different areas of culture and health, building on foundations of medical anthropology and health behavior theory. It shows how to address the challenges of cross-cultural medicine through interdisciplinary cultural-ecological models and personal and institutional developmental approaches to cross-cultural adaptation and competency. The book addresses the perspectives of clinically applied anthropology, trans-cultural psychiatry and the medical ecology, critical medical anthropology and symbolic paradigms as frameworks for enhanced comprehension of health and the medical encounter. Includes cultural case studies, applied vignettes, and self-assessments.

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Editorial Review

From the Back Cover

Praise for *Culture and Health*

"Winkelman amazes us once more with the quality and scope of his new book, *Culture and Health: Applying Medical Anthropology*, as he helps us understand the way that medical anthropology's biocultural approach expands the biomedical perspective—he covers a vast array of topics, including cultural competence, cultural systems models, cultural effect on biology, ethnomedicine and alternative medicine, and understanding health activities as cultural practices—a must have for the student, practitioner, or scholar!"
—Marlene Dobkin de Rios, PhD, associate clinical professor of psychiatry and human behavior, University of California, Irvine and professor emerita of anthropology, California State University, Fullerton

"This is the most comprehensive, holistic, and practical text on medical anthropology I have read in my eighteen years of teaching and practice. It skillfully weaves together rich and clear explanations of all vital topics in medical anthropology with user-friendly practical application models and assessment instruments for easy use with self, patients, health care providers, and community members. The book is a medical anthropology gem"

—Mikel Hogan PhD, applied cultural anthropologist and professor and chair, Human Services Department, California State University, Fullerton

"In this thorough and well-constructed introduction to medical anthropology, Winkelman has provided a key resource for health sciences students, beginning researchers, and health professionals who are committed to a comprehensive perspective on the means by which culture—systems, models, beliefs, and practices—affect sickness and healing. The book will be of use to students studying the applications of the social sciences to health and health care, public health scientists wanting a broad view of the means by which social and cultural systems affect the health of communities and populations, and clinicians who wish to develop greater cultural competence in their relationships with patients and their families."

—Craig R. Janes, PhD, professor, associate dean, and director, Global Health Faculty of Health Science, Simon Fraser University

About the Author

Michael Winkelman, MPH, PhD, is an Associate Professor in the School of Human Evolution and Social Change at Arizona State University and former Head of Sociocultural Anthropology. For 16 years he directed the Ethnographic Field School in Ensenada, BC, Mexico.

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Donna Sedillo:

Reading can called thoughts hangout, why? Because when you find yourself reading a book specifically book entitled *Culture and Health: Applying Medical Anthropology* your mind will drift away trough every dimension, wandering in every aspect that maybe unfamiliar for but surely can become your mind friends. Imaging every single word written in a guide then become one type conclusion and explanation that will

maybe you never get just before. The Culture and Health: Applying Medical Anthropology giving you a different experience more than blown away your thoughts but also giving you useful info for your better life on this era. So now let us teach you the relaxing pattern this is your body and mind will be pleased when you are finished studying it, like winning an activity. Do you want to try this extraordinary shelling out spare time activity?

Jean Willis:

Culture and Health: Applying Medical Anthropology can be one of your beginning books that are good idea. Most of us recommend that straight away because this reserve has good vocabulary that will increase your knowledge in words, easy to understand, bit entertaining but nonetheless delivering the information. The copy writer giving his/her effort to set every word into delight arrangement in writing Culture and Health: Applying Medical Anthropology but doesn't forget the main point, giving the reader the hottest and based confirm resource details that maybe you can be one of it. This great information can certainly drawn you into completely new stage of crucial pondering.

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