



Curly Girl - Enhanced Ebook Edition: The Handbook

By Lorraine Massey, Michele Bender

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The Curly Girl manifesto is back, now completely revised, updated, and expanded by more than a third with all-new material. Created by curly hair evangelist Lorraine Massey—the go-to curl expert featured in *Allure*, *InStyle*, *Lucky*, *Seventeen*, and *The New York Times*; and founder of several curly salons and curly products in New York City—*Curly Girl* is the surprising bible for the 65 percent of women with naturally curly or wavy hair and a desire to celebrate it.

Curly Girl is packed with unique and fail-proof hair-care methods, inspiration, and an empowering pro-curl attitude. It's all here: daily routines for Botticelli, fractal, and wavy curls; Lorraine's no-more-shampoo epiphany—*handle your hair as gently as you do your best cashmere sweater*; homemade lotions and potions. New to this edition: an illustrated, step-by-step guide to trimming your own hair (remember: it's not what you take off; it's what you leave on); a section on the *particular* needs of wavy hair; Lorraine's Down-and-Dirty Curly Boy Routine; more fabulous 'dos for weddings and other special occasions; a chapter on *multicultural* hair written by an African American specialist. Plus, updated information on green and chemical-free products, 20 new Q&As, and a DVD with tutorials on caring for four different types of curls. From now on, there's no such thing as a bad hair day.

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- Rank: #21674 in eBooks
- Published on: 2011-01-13
- Released on: 2011-01-13
- Format: Kindle eBook

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Editorial Review

From the Back Cover

Say no to shampoo, unplug the dryer, and find your inner curl

Celebrate the beauty of curls in a buoyant how-to, manifesto, and curly girl support group all in one.

Beginning with hair's true nature and underscored by Lorraine's Shampoo Epiphany - handle your hair as gently as you do your best cashmere sweater - it's all here: the care, the styling, the cuts, the dos, the tips, the products, the remedies, the attitude.

Tight coils and soft wavy tresses, African American curls and curly kids - this is what to do to look and feel your best.

Includes: Curly Cues and Quizzes, Daily Routines for Corkscrew, Botticelli, and Wavy Curls, Homemade Lotions & Potions, Q&A's for No More Bad Hair Days, Twelve-Step Recovery Program that will change your life, one shampoo at a time.

Plus: I Used to be Straight....And 22 Other Curly Girl Confessions

About the Author

Michele Bender, the coauthor of *Curly Girl*, is a freelance writer who lives and works in New York City.

Lorraine Massey, the founder of Devachan salons and hair care products, is an independent stylist, an activist, and a philanthropist. She lives in the New York area.

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QUIZ: Are You a Curly Girl?

If spring is not just in the air, but in your hair, you might be a curly girl. Just take the following quiz, and find out if the *Curly Girl: The Handbook* holds the secrets to your future hair success.

1. Do you often wear your hair tied back in a ponytail?
2. Does your hair develop volume in humid, hot, or wet weather?
3. Does your hair make you feel out of control?
4. Do you find yourself crying after every haircut?
5. Look at old photographs and recall how you felt about your hair--and yourself--on the day the picture was taken. Was there a strong correlation between your hair and your mood?

6. Do you almost always have a haze of frizz around your head?
7. Do you blow-dry your hair so often that its texture is as dry and brittle as a piece of melba toast?
8. Does your budget for products to straighten or relax your hair exceed your annual tax-deductible contributions to charity?
9. Do you live in fear of humidity, sweating, spontaneous sex, a shower with your lover--or any weather or activity that might unmask you as a curly girl?
10. Are you almost always unhappy with your hair?
11. Do you worry about your hair before any big occasion, like a wedding or an important business meeting?

If you answered yes to one or more questions, congratulations! You know who you are. You're a curly girl waiting to happen. Your hair is bristling with movement longing to break free, waves aching to curl, frizz begging for direction.

Users Review

From reader reviews:

Peggy Hahne:

The book Curly Girl - Enhanced Ebook Edition: The Handbook make you feel enjoy for your spare time. You can utilize to make your capable much more increase. Book can to be your best friend when you getting pressure or having big problem together with your subject. If you can make reading a book Curly Girl - Enhanced Ebook Edition: The Handbook for being your habit, you can get a lot more advantages, like add your personal capable, increase your knowledge about several or all subjects. You are able to know everything if you like start and read a book Curly Girl - Enhanced Ebook Edition: The Handbook. Kinds of book are several. It means that, science publication or encyclopedia or other folks. So , how do you think about this guide?

William Leighty:

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Laurie Riley:

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Walter Pressley:

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