



My Ex Is Driving Me Crazy: 10 Strategies for Reclaiming Your Life after Divorce

By Aleta Koman, Edward Myers

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- Sales Rank: #2930118 in Books
- Published on: 2008-03-01
- Released on: 2008-03-01
- Original language: English
- Number of items: 1
- Dimensions: 8.44" h x .80" w x 5.50" l, .74 pounds
- Binding: Paperback
- 288 pages

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Editorial Review

About the Author

Aleta Koman, M.Ed., is a celebrated psychotherapist; she has appeared as a correspondent and on-air expert on family and parenting issues on many programmes. Edward Myers is a freelance writer who specialises in books about psychology and relationships.

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