



The Book of Miso (Savory Soy Seasoning)

By William Shurtleff, Akiko Aoyagi

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The Book of Miso (Savory Soy Seasoning) By William Shurtleff, Akiko Aoyagi

From the authors of THE BOOK OF TOFU comes this updated tribute to miso. One of Japan's most beloved foods for over a thousand years, miso is a cultured, high-protein seasoning perfectly at home in recipes within and beyond the boundaries of Asian cuisine. Available in a range of flavors, colors, textures, and aromas as varied as that of the world's fine cheeses and wines, miso makes a delicious addition to stocks, stews, dressings, casseroles, and desserts. With traditional Japanese recipes like Miso Soup with Potato, Wakame, & Tofu; Eggplant with Sesame & Miso Sauce; as well as those more familiar to the Western palate-Tostadas, Quiche Niçoise with Miso, and Boston Baked Soybeans with Brown Rice and Miso-THE BOOK OF MISO offers a bounty of ways to enjoy this wonderfully healthful seasoning. Over 400 tempting recipes accompanied by more than 300 illustrations.

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The Book of Miso (Savory Soy Seasoning) can be one of your starter books that are good idea. Many of us recommend that straight away because this publication has good vocabulary that could increase your knowledge in words, easy to understand, bit entertaining but nonetheless delivering the information. The writer giving his/her effort to set every word into pleasure arrangement in writing The Book of Miso (Savory Soy Seasoning) but doesn't forget the main stage, giving the reader the hottest and also based confirm resource facts that maybe you can be certainly one of it. This great information can certainly drawn you into fresh stage of crucial imagining.

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