



Waste: Uncovering the Global Food Scandal

By Tristram Stuart

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The true cost of what the global food industry throws away.

With shortages, volatile prices and nearly one billion people hungry, the world has a food problem?or thinks it does. Farmers, manufacturers, supermarkets and consumers in North America and Europe discard up to half of their food?enough to feed all the world's hungry at least three times over. Forests are destroyed and nearly one tenth of the West's greenhouse gas emissions are released growing food that will never be eaten. While affluent nations throw away food through neglect, in the developing world crops rot because farmers lack the means to process, store and transport them to market.

But there could be surprisingly painless remedies for what has become one of the world's most pressing environmental and social problems. *Waste* traces the problem around the globe from the top to the bottom of the food production chain. Stuart's journey takes him from the streets of New York to China, Pakistan and Japan and back to his home in England. Introducing us to foraging pigs, potato farmers and food industry CEOs, Stuart encounters grotesque examples of profligacy, but also inspiring innovations and ways of making the most of what we have. The journey is a personal one, as Stuart is a dedicated freegan, who has chosen to live off of discarded or self-produced food in order to highlight the global food waste scandal.

Combining front-line investigation with startling new data, *Waste* shows how the way we live now has created a global food crisis?and what we can do to fix it. 8 pages of illustrations

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Editorial Review

From Publishers Weekly

Stuart (*The Bloodless Revolution*) writes of the perilous illusion of abundance and how countries can reduce food waste by accurately examining how much they toss away due to poor storage or unused surplus—and why. European and American food manufacturers, supermarkets and consumers throw away between 30% and 50% of their food supply—enough to feed the world's hungry. Waste also occurs as a result of inadequate harvesting and farming techniques, prevalent in countries like Pakistan, where the author examines the need for better grain harvesting and land cultivation. Stuart's thoughtful illumination of the problem and his proposed solutions are bound to get even the most complacent citizen thinking about how slowly wilting vegetables might have a second life. Simply growing more food, Stuart argues, is not necessarily the answer. Agriculture takes up space and often results in deforestation. If rich countries could cut waste by treating food more carefully, while developing countries gained the equipment necessary to improve their output, he contends, a significant reduction in global food waste—and even global hunger—could be achieved. Stuart's brief is passionately argued and rigorously researched, and is an important contribution to the discussion of sustainability. (*Oct.*)

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Review

“The world faces incredibly difficult challenges?we simply can't afford the kind of crazy waste Tristram Stuart uncovers and describes in this beautifully reported work. It's nauseating in places, but ultimately hopeful: if we got serious about preventing this waste, we might just find the margin we need to deal with our biggest problems.” (Bill McKibben, author of *Deep Economy*)

“In *Waste*, Tristram Stuart...ingeniously unites many food scandals that often do not get the attention they deserve...Usefully, Stuart offers examples of what we could be doing better, from processing technologies to offal sausages.” (New Scientist)

“Jaw-dropping ...compelling?a must-read... Stuart has an unanswerable case.” (Bee Wilson - The Sunday Times [London])

“Book of the Week: Stuart's book is passionate, closely argued and guaranteed to make the most manic consumer peer guiltily into the recesses of their fridge.” (Sunday Telegraph [London])

“An extremely thought-provoking, passionate study which could make even the biggest skeptic think twice before putting the leftovers in the bin.” (Scotland on Sunday)

“Tristram Stuart lifts the lid on the obscene levels of produce ending up in landfill....Read it and weep.” (The Sun [London])

“This is a first class book, as copiously referenced as any academic report, yet both blunt and incisive?the sort of book one can expect only from someone who gets his hands mucky as well as inky.” (Simon Fairlie - The Land)

“This is one of those books that everybody should read....It may well change your view of the way we treat food forever.” (Paul Kingsnorth - The Independent [UK])

“Deftly illuminates the global consequences of our choices about what to eat.” (Tom Standage - BBC Focus Magazine)

“Passionate, closely argued and guaranteed to make the most manic consumer peer guiltily into the recesses of their fridge.” (John Preston - Seven)

“Every day all around the globe, appallingly enormous amounts of otherwise edible food go to waste even while humans are starving. Stuart aims to educate people about where such waste occurs, how much of it there is, and what possible steps can be undertaken to reduce it substantially if not eliminate it altogether.... Notes and a huge bibliography lead readers to additional resources on this pressing environmental issue.” (Mark Knoblauch - Booklist)

From the Back Cover

Shocking Facts from Tristram Stuart's *Waste*:

- Around half all food in the US is wasted, while 35 million people live in households that do not have reliable access to food.
- The US has more than 4 times the amount of food required by the nutritional needs of the population.
- Just half of the food currently being thrown away in the US could provide the world's nearly one billion malnourished people with enough food. If trees were planted on all of the land currently being used to grow unnecessary surplus and wasted food, they could offset between 50 to 100 percent of the world's man-made greenhouse gas emissions.
- The Amazon rainforest is currently being destroyed to make room for grazing and soy production to supply the world's growing demand for meat. The land required to produce just the meat and dairy products wasted each year by U.S. and UK households, retailers and foodservices is seven times the amount of land deforested in Brazil.
- In South Korea, 98 percent of food waste is recycled?being composted or fed to livestock. The exact mirror image prevails in the US where only 2.6 percent of municipal food waste is recycled.

Users Review

From reader reviews:

Mark Miller:

The book *Waste: Uncovering the Global Food Scandal* can give more knowledge and information about everything you want. Exactly why must we leave a good thing like a book *Waste: Uncovering the Global Food Scandal*? Several of you have a different opinion about book. But one aim in which book can give many information for us. It is absolutely right. Right now, try to closer using your book. Knowledge or info that you take for that, you are able to give for each other; you can share all of these. Book *Waste: Uncovering the Global Food Scandal* has simple shape but you know: it has great and large function for you. You can seem the enormous world by wide open and read a e-book. So it is very wonderful.

Patricia Beall:

Here thing why that *Waste: Uncovering the Global Food Scandal* are different and dependable to be yours. First of all looking at a book is good nonetheless it depends in the content than it which is the content is as tasty as food or not. *Waste: Uncovering the Global Food Scandal* giving you information deeper including

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Billy Smith:

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Laura Buscher:

Reading can called head hangout, why? Because while you are reading a book specially book entitled Waste: Uncovering the Global Food Scandal the mind will drift away trough every dimension, wandering in every aspect that maybe mysterious for but surely will end up your mind friends. Imaging every single word written in a publication then become one contact form conclusion and explanation in which maybe you never get before. The Waste: Uncovering the Global Food Scandal giving you an additional experience more than blown away the mind but also giving you useful info for your better life on this era. So now let us present to you the relaxing pattern is your body and mind is going to be pleased when you are finished reading through it, like winning a. Do you want to try this extraordinary spending spare time activity?

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