



A Guide To Treatments that Work

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A fully revised and updated edition of this unique and authoritative reference. The award-winning *A Guide to Treatments that Work*, published in 1998, was the first book to assemble the numerous advances in both clinical psychology and psychiatry into one accessible volume. It immediately established itself as an indispensable reference for all mental health practitioners. Now in a fully updated edition, *A Guide to Treatments that Work, Second Edition* brings together, once again, a distinguished group of psychiatrists and clinical psychologists to take stock of which treatments and interventions actually work, which don't, and what still remains beyond the scope of our current knowledge. The new edition has been extensively revised to take account of recent drug developments and advances in psychotherapeutic interventions. Incorporating a wealth of new information, these eminent researchers and clinicians thoroughly review all available outcome data and clinical trials and provide detailed specification of methods and procedures to ensure effective treatment for each major DSM-IV disorder. As an interdisciplinary work that integrates information from both clinical psychology and psychiatry, this new edition will continue to serve as an essential volume for practitioners of every kind: psychiatrists, psychologists, clinical social workers, counselors, and mental health consultants.

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Editorial Review

Review

"This book belongs in every college library. It is a systematic review of various treatments currently in use for thoroughly all of the recognized mental disorders. Written by experts in the field and complete with many useful bibliographies, the volume is of considerable importance to those interested in the field of mental health and treatment....Highly recommended."--*Choice*

"*A Guide to Treatments That Work* is a mammoth effort . . . This book began as a project of an APA Division 12 task force which made the significant decision to broaden its scope to include efficacious treatments whether psychosocial or medical in type. Psychologist Peter Nathan, chair of the task force, is joined as coeditor by Jack Gorman, a prominent biological psychiatrist, and the chapters are written by highly respected clinical researchers from both camps....This book is a boon in that regard."--*Contemporary Psychology*

"This is one of the best, most comprehensive discussions of psychiatric disorders and treatments that I have ever encountered this 681 page volume is simply wonderful." --*Journal of Neurology, Vol. 251, 2004*

"The new edition has been extensively revised to take account of recent drug developments and advances in psychotherapeutic interventions. Incorporating a wealth of new information, these eminent researchers and clinicians thoroughly review all available outcome data and clinical trials and provide detailed specification of methods and procedures to ensure effective treatment for each major DSM-IV disorder."--*Adolescence*

About the Author

Peter Nathan is at University of Iowa. Jack M. Gorman is at Columbia University.

Users Review

From reader reviews:

Harold Martinez:

Book is to be different per grade. Book for children until eventually adult are different content. As it is known to us that book is very important for all of us. The book *A Guide To Treatments that Work* had been making you to know about other expertise and of course you can take more information. It doesn't matter what advantages for you. The publication *A Guide To Treatments that Work* is not only giving you a lot more new information but also to be your friend when you truly feel bored. You can spend your current spend time to read your e-book. Try to make relationship using the book *A Guide To Treatments that Work*.

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Misty Barrientos:

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Minnie Rivera:

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