



## Saving Your Second Marriage: Before It Starts, Nine Questions to Ask Before and After You Marry

By Les Parrott, Leslie Parrott

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Exercises and assignments will help couples identify and meld their love styles, face the myths of remarriage honestly, become soul mates, identify each person's "hot topics," and much more.

The discussion guide in each workbook integrates with the *Saving Your Marriage Before It Starts* DVD (sold separately and includes seven pre-marriage sessions plus two additional sessions specifically designed to help prepare couples for remarriage) to facilitate lively and eye-opening interaction. Each session links with the workbook exercises and concludes with exercises each couple can do together between each lesson.

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### **Editorial Review**

#### About the Author

A psychologist and a marriage and family therapist, Drs. Les and Leslie Parrott are founders of the Center for Relationship Development at Seattle Pacific University. Their bestselling books include *Love Talk*, *Crazy Good Sex*, *The Complete Guide to Marriage Mentoring*, and the award-winning *Saving Your Marriage Before It Starts*. Their work has been featured in *The New York Times* and *USA Today*, and they have appeared on CNN, O'Reilly Factor, Good Morning America, Today Show, The View, and Oprah. They live with their two sons in Seattle. Visit [LesandLeslie.com](http://LesandLeslie.com).

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