



The Art of Skin Health Restoration and Rejuvenation, Second Edition

By Zein E. Obagi

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The Art of Skin Health Restoration and Rejuvenation, Second Edition presents a comprehensive review of Dr. Zein Obagi's renowned skin care regimens and his techniques for revitalizing skin. Fully demonstrated and explained are Dr. Obagi's skin peels and his approach to correcting sun damage, control of the pigmentary system, the stimulation of skin collagen, and how to restore skin elasticity. With more than 200 illustrations, a presentation of Dr. Obagi's skin classification system, and a special section on combining laser skin resurfacing with other techniques, this volume is a valuable resource for the plastic surgeon, dermatologist, and cosmetic facial surgeon.

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Editorial Review

Review

"...a comprehensive and up-to-date book on the subject...[it] showcases the author's philosophy and experience as a dermatologist involved in skin care over the past 35 years."

?*PMFA News*

"Dr. Obagi of the Obagi Skin Health Institute in Beverly Hills, California has worked as a dermatologist for 35 years. In this book, he presents a comprehensive look at his philosophy of skin care and skin health. He begins by introducing perspectives on skin anatomy and physiology, and then considers specific techniques and skin care regimes. The book includes extensive pictures that illustrate before and after examples. Dr. Obagi advises on a variety of different topics such as skin peels, correcting sun damage and the removal precancerous cells."

?*Ringgold, Inc. Book News*, February 2015

About the Author

Zein E. Obagi, MD, is a dematologist and founder of the Obagi Skin Health Institute located in Beverly Hills, California, USA.

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