



Clinical Management of Sex Addiction

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This is the first comprehensive volume of the clinical management of sex addiction. Collecting the work of 28 leaders in this emerging field, the editors provide a long-needed primary text about how to approach treatment with these challenging patients. The book serves as an excellent introduction for professionals new to the field as well as serving as a useful reference tool. The contributors are literally the pioneers of one of the last frontiers of addiction medicine and sex therapy.

With a growing awareness of sex addiction as a problem, plus the advent of cybersex compulsion, professional clinicians are being confronted with sexual compulsion with little clinical or academic preparation. This is the first book distilling the experience of the leaders in this emerging field. With a focus on special populations, it also becomes a handy problem-solving tool. Readable, concise, and filled with useful interventions, it is a key text for a problem clinicians must be able to identify. It is destined to be a classic reference.

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Editorial Review

Review

'The ultimate clinical text on sex addiction. Without question, this book is a classic - practical, timely, competent, and clear. It is a must for every therapists's resource library.' - John C. Friel, PhD, licensed psychologists in full-time private practice and best-selling author; 'Regardless of theoretical orientation, the reader will find this book a treasure-trove of clinical wisdom and treatment ideas for problematic sexual behavior. This is certainly the 'must-have' volume for my bookshelf.' - Dennis P. Sugrue, PhD, Clinical Associate Professor of Psychiatry, University of Michigan Medical School, and President of the American Association of Sex Educators, Counselors and Therapists; 'A very needed and useful anthology for both the new and seasoned clinician treating - clients with out-of-control sexual behaviors, this book includes good 'hot-to' information as well as a good overview for treatment.' - Carol Ross, MA, Therapist, Sierra Tucson, and national speaker and author on sex addiction

About the Author

Kenneth M. Adams, Ph.D., is a licensed psychologist in clinical practice since 1981, and clinical director of Program for Sexual Health and Addiction, a comprehensive outpatient treatment program for sexual addiction and other intimacy-based disorders. He is a nationally recognized expert in the treatment of trauma, addictive, and intimacy disorders.

Patrick J. Carnes, Ph.D., C.A.S., is clinical director for sexual disorder services at The Meadows in Wickenburg, Arizona. The educational and therapeutic services for sexual disorders available at The Meadows are built on the technology developed through Dr. Carnes' landmark study of the recoveries of 1,000 sex addicts. Dr. Carnes is a nationally known speaker on addiction and recovery issues.

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