



Gordon Ramsay's Fast Food: Recipes from the F Word

By Gordon Ramsay

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Throw out the frozen dinners and takeout menus. Who better to show readers how to cook real food, real fast and make it really tasty than Gordon Ramsay, three-star chef and TV celebrity? *Gordon Ramsay's Fast Food* includes over 100 delicious recipes that are super-fast and easy to prepare. The book is divided into short sections: 15 feature fast recipes classified by group, such as starters, soups, fish, meat, pasta, working lunches, and desserts, and 15 more sections contain great menus for everyday and entertaining. Many of the dishes can be prepared and cooked in as little as 15 minutes, and none take longer than half an hour. The menus provided take 30-45 minutes from start to finish, each with a timing plan. There's also advice on essential ingredients to keep in stock for speedy cooking, plus lots of great ideas for shortcuts.

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Gordon Ramsay's Fast Food: Recipes from the F Word By Gordon Ramsay Bibliography

- Sales Rank: #1105154 in Books
- Published on: 2008
- Released on: 2007-05-03
- Format: Import
- Original language: English
- Number of items: 1
- Dimensions: 10.31" h x 1.30" w x 8.07" l, 2.69 pounds
- Binding: Hardcover
- 256 pages

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Editorial Review

About the Author

GORDON RAMSAY's sublime cooking has consistently earned him Michelin stars at his celebrated, eponymous London restaurant in Chelsea, and he has extended his superlative cooking franchise to New York, Paris, and Los Angeles. Now a celebrated TV personality, his award-winning TV series include The F Word, Kitchen Nightmares and Hell's Kitchen. His bestselling books have sold more than 1.3 million copies worldwide. He lives in London, England.

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