



# Conquering Insecurity: Secrets to a More Confident You

By Deborah Smith Pegues

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**Conquering Insecurity: Secrets to a More Confident You** By Deborah Smith Pegues

*Conquering Insecurity* is not about developing the self-confidence promoted by secular psychologists and popular motivational speakers. Rather, it is a non-preachy guide that uses principles and promises from Scripture to help readers move from the valley of self-doubt to the highway of healthy confidence.

Sections of the book discuss the Root of Insecurity, Roadblocks to Supreme Confidence, Strategies for Conquering the Giant of Insecurity, and the Habits of Internally Secure People, which include

- embracing individuality
- establishing boundaries
- enjoying success
- experiencing peace
- and much more!

Humorous and inspirational anecdotes are used throughout to create a rapport with readers and to make the book as enjoyable to read as it is informative and life-changing.

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