



# Raising Children Who Think for Themselves

By Elisa Medhus

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## Raising Children Who Think for Themselves By Elisa Medhus

*Raising Children Who Think for Themselves* offers a new approach to parenting that has the power to reverse the trend of external direction in our children and help parents bring up empathetic, self-confident, moral, independent thinkers. Children who are externally directed make decisions based on the peer groups, violent movies, sexually explicit television shows, and rap lyrics that permeate their lives. When children are self-directed, on the other hand, they use their power of reason like a sword to cut through the jungle of external influences. Fortunately, the author shows us, it is never too late to foster in our children the ability to weigh options, consider sources, and think for themselves.

Filled with real-life examples, humorous anecdotes, and countless interviews with parents, children, and teachers, *Raising Children Who Think for Themselves*

- Identifies the five essential qualities of self-directed children
- Outlines the seven strategies necessary for parents to develop these qualities in their children
- Addresses nearly one hundred child-raising challenges—from body piercing to whining wars—and offers solutions to help encourage self-direction

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## Raising Children Who Think for Themselves By Elisa Medhus Bibliography

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## **Editorial Review**

### Review

"*Raising Children Who Think for Themselves* provides plenty of sensible, down-to-earth advice for parents. A goldmine of suggestions and guidance."

—Thomas W. Phelan, PhD, author of *1-2-3 Magic*

"Rich stories and examples from her own parenting experiences and those of her patients make Medhus's book a comprehensive guide for teaching our children to become honest, intuitive, and independent thinkers, using not only their heads but their hearts."

—Jeanne Ellum, coauthor of *Raisin a Son* and *Raising a Daughter*

### From the Publisher

Beyond Words is proud to announce that *Raising Children Who Think for Themselves*, by author Elisa Medhus, M.D., has earned three highly prestigious awards: The 2002 Parent's Choice Award, The 2002 NAPPA Gold Award (National Parenting Publications Association,) and the 2002 National Parenting Center Seal of Approval.

### From the Author

*Raising Children Who Think for Themselves* shows parents how to raise their kids to make choices for themselves—choices not shaped by destructive influences like negative peer pressure, movies, song lyrics and their junk culture.

Today, our children are bombarded by so many messages through so many channels. Unfortunately, they are also programmed to satisfy their instinctive pack animal urge to fit in or belong to a group by striving to comply with those standards of "worthiness" that their peer groups demand they follow. But since those standards are often rooted in corrupt and misguided priorities (being cool, acting tough, being sexually active, belonging to a certain gang, being nice looking, being thin, etc.) any choices that are held hostage by such standards are often going to be inappropriate or immoral.

By raising our children to free their choice-making process from their need to fit in, they will grow to be independent, moral, happy, contributing, self-assured and contributing adults with the courage to do what's right, even when their world and morality is crumbling around them. Enough kids like these, and we'll see a stop to that crumbling. We'll see a happier, saner and safer world—one our children deserve.

Thank you for sharing my dream to create such a world.

Love and respect,

Elisa Medhus, M.D.

## **Users Review**

### **From reader reviews:**

#### **Peter White:**

Have you spare time for any day? What do you do when you have far more or little spare time? Sure, you

can choose the suitable activity intended for spend your time. Any person spent their spare time to take a go walking, shopping, or went to often the Mall. How about open or maybe read a book called Raising Children Who Think for Themselves? Maybe it is to get best activity for you. You realize beside you can spend your time using your favorite's book, you can cleverer than before. Do you agree with it has the opinion or you have other opinion?

**Curtis Tyson:**

As people who live in the particular modest era should be change about what going on or information even knowledge to make these keep up with the era which can be always change and move ahead. Some of you maybe will update themselves by looking at books. It is a good choice in your case but the problems coming to an individual is you don't know what type you should start with. This Raising Children Who Think for Themselves is our recommendation to help you keep up with the world. Why, since this book serves what you want and need in this era.

**Eileen Vaughan:**

A lot of people always spent their very own free time to vacation or even go to the outside with them family or their friend. Are you aware? Many a lot of people spent that they free time just watching TV, as well as playing video games all day long. If you wish to try to find a new activity this is look different you can read the book. It is really fun for you personally. If you enjoy the book that you just read you can spent 24 hours a day to reading a e-book. The book Raising Children Who Think for Themselves it is very good to read. There are a lot of people that recommended this book. These were enjoying reading this book. In the event you did not have enough space to deliver this book you can buy the e-book. You can m0ore easily to read this book from your smart phone. The price is not very costly but this book possesses high quality.

**Michael Watkins:**

The book untitled Raising Children Who Think for Themselves contain a lot of information on it. The writer explains your girlfriend idea with easy approach. The language is very simple to implement all the people, so do definitely not worry, you can easy to read the idea. The book was written by famous author. The author will bring you in the new period of time of literary works. It is easy to read this book because you can read on your smart phone, or program, so you can read the book within anywhere and anytime. In a situation you wish to purchase the e-book, you can start their official web-site in addition to order it. Have a nice learn.

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