



Wicca for Beginners: Fundamentals of Philosophy & Practice

By Thea Sabin

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★ "In her first book-length work, Sabin presents a first-rate, fresh, and thorough addition to the burgeoning field of earth-based spiritual practice volumes...written in a light, informative style that magically mines depth, breadth and brevity."--Publishers Weekly, starred review

Due to the sheer number of Wicca 101 books on the market, many newcomers to the Craft find themselves piecing together their Wiccan education by reading a chapter from one book, a few pages from another. Rather than depending on snippets of wisdom to build a new faith, *Wicca for Beginners* provides a solid foundation to Wicca without limiting the reader to one tradition or path. Embracing both the spiritual and the practical, *Wicca for Beginners* is a primer on the philosophies, culture, and beliefs behind the religion, without losing the mystery that draws many students to want to learn. Detailing practices such as grounding, raising energy, visualization, and meditation, this book offers exercises for core techniques before launching into more complicated rituals and spellwork.

Finalist for the Coalition of Visionary Resources Award for Best Wiccan/Pagan Book

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Wicca for Beginners: Fundamentals of Philosophy & Practice By Thea Sabin Bibliography

- Sales Rank: #127874 in Books
- Brand: Llewellyn Publications
- Published on: 2006-04-08
- Original language: English
- Number of items: 1
- Dimensions: 7.75" h x 5.00" w x .50" l, .63 pounds
- Binding: Paperback
- 288 pages

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Editorial Review

From Publishers Weekly

Starred Review. In her first book-length work, Sabin presents a first-rate, fresh and thorough addition to the burgeoning field of earth-based spiritual practice volumes. Sometimes using examples that young people can relate to (SATs, dying grandmothers), she opens the door to this path for people of all ages who want concrete beginnings to "work actively and spiritually to develop as a person." Sabin covers well the familiar territory of the calendar, circle, pentagram, tools, etc., but she shines distinctively in several areas. The first is in Wiccan history, written in a light, informative style that magically mines depth, breadth *and* brevity. Another is in the emphasis on personal will and ethical practices that transcend reliance on external paraphernalia. She also deftly shows how the various tools and spells can be put into use, but always encourages practitioners to utilize their own experiences, environment and spiritual intelligence to shape their practice. Especially helpful are the criteria to assess groups and potential teachers, and the volume is capped by a fine bibliography. Sabin advocates consistent study, practice and evolved learning. Gently admonishing her reader not to become a "one-book wonder," Sabin has nearly voided her own advice with this important first effort that is perfect for novice Wiccans. (*Apr.*)

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Review

"...first-rate, fresh, and thorough...written in a light, informative style that magically mines depth, breadth and brevity." -- *Publishers Weekly*

"Sabin offers a practical and cohesive look at the earth-centered religion of Wicca...Highly recommended." -- *Library Journal*

From the Publisher

First-time author Sabin offers a practical and cohesive look at the earth-centered religion of Wicca, offering crisp definitions of what the elements of Wicca practice are (energy, visualization, meditation) and, as important, what they are not (satanic worship, hex making, broom flying). Her explanations of the ethics, philosophy, tools, and types of Wicca reveal a religion that is created by its practitioners as a "path to self-empowerment" through the use of earth-based imagery, the study of deities, and the employment of elemental energies. Readers are treated to a nifty exploration of Wicca's mystical aspects that ties together correspondences, discusses the various deities, dispels myths, and provides historical context for many Wiccan traditions. Sabin's chapter on the eight sabbats (holidays timed with certain celestial points of the year) is especially informative. Another highlight and distinction from other beginner books is a detailed list of the various Wiccan sects and their unique practices. Highly recommended for all public libraries.--*Library Journal*

Users Review

From reader reviews:

Anita Winn:

This book untitled *Wicca for Beginners: Fundamentals of Philosophy & Practice* to be one of several books that will best seller in this year, that's because when you read this guide you can get a lot of benefit into it.

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Helen Samuel:

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Todd Apperson:

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