



The Cosmic Game: Explorations of the Frontiers of Human Consciousness (S U N Y Series in Transpersonal and Humanistic Psychology)

By Stanislav Grof

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In this, his culminating work, the leading international figure in consciousness research masterfully synthesizes his vast findings, drawing not only upon psychedelic therapy and Holotropic Breathwork, but also from literature, cross-cultural studies, ancient mystical sources and psychological data, resulting in a profound consolidation and articulation of what is now known about nonordinary states of consciousness.

The Cosmic Game discusses the broadest philosophical, metaphysical and spiritual insights gleaned in Grof's research concerning human nature and reality, addressing the most fundamental questions human beings have asked about the nature of existence since time immemorial.

Insights from research into nonordinary states of consciousness portray existence as an astonishing play of the cosmic creative principle that transcends time, space, linear causality, and polarities of every kind and suggest an identity of the individual psyche in its furthest reaches with the universal creative principle and the totality of existence. This identity of the human being with the Divine is the ultimate secret that lies at the core of all great spiritual traditions.

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Editorial Review

Review

"What moves this book into the status of a classic is that it is in substantial agreement with the world's great wisdom and spiritual traditions. This modern corroboration of the perennial philosophy is a stunning achievement and deserves publication to the widest audiences." -- Ken Wilber, author of *Up from Eden: A Transpersonal View of Human Evolution* and *The Atman Project: A Transpersonal View of Human Development*

"*The Cosmic Game* is the latest and best of Stanislav Grof's extraordinary contributions to our understanding of human consciousness. This book provides a coherent picture of how individual experience fits into universal patterns of consciousness" -- Frances Vaughan, author of *Shadows of the Sacred: Seeing through Spiritual Illusions*

"Perhaps the most important of all his works, representing as it does an integration of the most profound of his clients' experiences and demonstrating a remarkable convergence with the deepest spiritual experiences reported across centuries and cultures. This convergence is a finding of the greatest significance." -- Roger Walsh, author of *The Spirit of Shamanism*

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From the Back Cover

In this, his culminating work, the leading international figure in consciousness research masterfully synthesizes his vast findings, drawing not only upon psychedelic therapy and Holotropic Breathwork, but also from literature, cross-cultural studies, ancient mystical sources and psychological data, resulting in a profound consolidation and articulation of what is now known about nonordinary states of consciousness. *The Cosmic Game* discusses the broadest philosophical, metaphysical and spiritual insights gleaned in Grof's research concerning human nature and reality, addressing the most fundamental questions human beings have asked about the nature of existence since time immemorial.

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About the Author

Stanislav Grof heads the Grof Transpersonal Training Program and teaches at the California Institute of Integral Studies. He was formerly Chief of Psychiatric Research at the Maryland Psychiatric Research Center, Assistant Professor of Psychiatry at Johns Hopkins University School of Medicine, and Scholar-in-Residence at the Esalen Institute. He is the editor of *Ancient Wisdom and Modern Science*; and *Human Survival and Consciousness Evolution*; and author of *The Adventure of Self-Discovery: Dimensions of Consciousness and New Perspectives in Psychotherapy and Inner Exploration* and *Beyond the Brain: Birth, Death and Transcendence in Psychotherapy* all published by SUNY Press.

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