



# The Science of Hitting

By Ted Williams, John Underwood

Download now

Read Online 

## The Science of Hitting By Ted Williams, John Underwood

Now fully revised with new illustrations and diagrams, the classic—and still the greatest—book on hitting from the last baseball player to break the magic .400 barrier, Ted Williams.

Ted Williams was arguably the greatest pure hitter who ever lived. A lifelong student of hitting, he sought advice from every great hitter—and pitcher—he met. Drawing on that advice, as well as his own legendary life in baseball, Williams produced the all-time batting classic, *The Science of Hitting*. Using its detailed illustrations, anecdotes, and concise coaching, players of all skill levels will learn how to improve their fundamentals and gain keen insights into the finer points of hitting, including:

- How to Think Like a Pitcher and Guess the Pitch
- The Three Cardinal Rules for Developing a Smooth Line-Driving Swing
- The Secrets of Hip and Wrist Action
- Pitch Selection
- Bunting
- Hitting the Opposite Way

*The Science of Hitting* is a must-read for all baseball players looking to improve their turn at bat and for all coaches and parents teaching the sport.

 [Download The Science of Hitting ...pdf](#)

 [Read Online The Science of Hitting ...pdf](#)

# The Science of Hitting

By Ted Williams, John Underwood

## The Science of Hitting By Ted Williams, John Underwood

Now fully revised with new illustrations and diagrams, the classic—and still the greatest—book on hitting from the last baseball player to break the magic .400 barrier, Ted Williams.

Ted Williams was arguably the greatest pure hitter who ever lived. A lifelong student of hitting, he sought advice from every great hitter—and pitcher—he met. Drawing on that advice, as well as his own legendary life in baseball, Williams produced the all-time batting classic, *The Science of Hitting*. Using its detailed illustrations, anecdotes, and concise coaching, players of all skill levels will learn how to improve their fundamentals and gain keen insights into the finer points of hitting, including:

- How to Think Like a Pitcher and Guess the Pitch
- The Three Cardinal Rules for Developing a Smooth Line-Driving Swing
- The Secrets of Hip and Wrist Action
- Pitch Selection
- Bunting
- Hitting the Opposite Way

*The Science of Hitting* is a must-read for all baseball players looking to improve their turn at bat and for all coaches and parents teaching the sport.

## The Science of Hitting By Ted Williams, John Underwood Bibliography

- Sales Rank: #1588 in Books
- Brand: Williams, Ted/ Underwood, John
- Published on: 1986-04-29
- Released on: 1986-04-29
- Original language: English
- Number of items: 1
- Dimensions: 9.13" h x .30" w x 7.37" l, .76 pounds
- Binding: Paperback
- 96 pages

 [Download The Science of Hitting ...pdf](#)

 [Read Online The Science of Hitting ...pdf](#)

## Editorial Review

### Amazon.com Review

As a boy, all Ted Williams wanted was to be the best hitter there ever was. Through his storied tenure with the Red Sox, he pretty much got his wish. He not only hit, he *knew* how to hit; there was no keener, more devoted, more articulate student of the art. *The Science of Hitting* is his comprehensive book of wisdom and anecdote, a baseball bible that offers clear, concise, well-illustrated, fundamental information on how to hit a baseball and, just as important, how to *think* about hitting a baseball. Williams's first commandment is "Get a good pitch to hit," and, in one of baseball's most dramatic teaching tools--a photograph that divides his strike zone into 77 baseballs, seven wide by 11 high--Williams projects what he would hit at each pitch location, from .230 on the low-outside strike to .400 in what he called his "happy zone," the heart of the plate belt high. In 1941, that happy zone was obviously ecstatic; Williams hit .406 that year, the last to break the magic .400 barrier.

### Review

Wade Boggs American League batting champion A major influence on my basic hitting skills through my formative years and a must for learning and knowing the strike zone.

### About the Author

**Ted Williams** won the American League batting championship six times and was given a place in the Baseball Hall of Fame in 1966. He was the last man to bat .400 in major league baseball and has been considered America's leading sports fisherman. With John Underwood, he coauthored *Fishing "The Big Three"* and his autobiography, *My Turn at Bat*.

## Users Review

### From reader reviews:

#### John Honeycutt:

Book is actually written, printed, or illustrated for everything. You can understand everything you want by a e-book. Book has a different type. As we know that book is important issue to bring us around the world. Beside that you can your reading proficiency was fluently. A e-book *The Science of Hitting* will make you to become smarter. You can feel a lot more confidence if you can know about almost everything. But some of you think in which open or reading any book make you bored. It is not make you fun. Why they could be thought like that? Have you trying to find best book or suitable book with you?

#### Holly Walker:

The knowledge that you get from *The Science of Hitting* is the more deep you rooting the information that hide in the words the more you get thinking about reading it. It does not mean that this book is hard to comprehend but *The Science of Hitting* giving you buzz feeling of reading. The copy writer conveys their point in specific way that can be understood through anyone who read the item because the author of this book is well-known enough. This book also makes your personal vocabulary increase well. Therefore it is easy to understand then can go along, both in printed or e-book style are available. We propose you for having that *The Science of Hitting* instantly.

**Travis Smith:**

Reading a reserve tends to be new life style within this era globalization. With reading you can get a lot of information that could give you benefit in your life. Together with book everyone in this world may share their idea. Ebooks can also inspire a lot of people. Plenty of author can inspire all their reader with their story or maybe their experience. Not only situation that share in the publications. But also they write about the data about something that you need example. How to get the good score toefl, or how to teach your sons or daughters, there are many kinds of book that you can get now. The authors on earth always try to improve their ability in writing, they also doing some analysis before they write with their book. One of them is this The Science of Hitting.

**Benjamin Herrera:**

In this period globalization it is important to someone to find information. The information will make professionals understand the condition of the world. The health of the world makes the information quicker to share. You can find a lot of references to get information example: internet, magazine, book, and soon. You will observe that now, a lot of publisher which print many kinds of book. The book that recommended to your account is The Science of Hitting this reserve consist a lot of the information with the condition of this world now. This book was represented how can the world has grown up. The dialect styles that writer require to explain it is easy to understand. The particular writer made some investigation when he makes this book. Here is why this book ideal all of you.

**Download and Read Online The Science of Hitting By Ted Williams,  
John Underwood #T3RQWNLGFO5**

## **Read The Science of Hitting By Ted Williams, John Underwood for online ebook**

The Science of Hitting By Ted Williams, John Underwood Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Science of Hitting By Ted Williams, John Underwood books to read online.

### **Online The Science of Hitting By Ted Williams, John Underwood ebook PDF download**

**The Science of Hitting By Ted Williams, John Underwood Doc**

**The Science of Hitting By Ted Williams, John Underwood Mobipocket**

**The Science of Hitting By Ted Williams, John Underwood EPub**

**T3RQWNLGFO5: The Science of Hitting By Ted Williams, John Underwood**