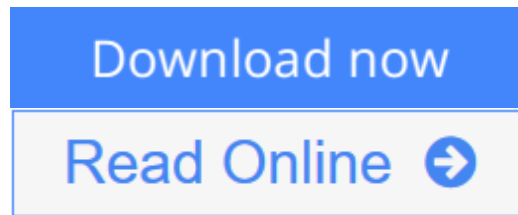


Learning DSM-5 by Case Example

By Michael B. First, Andrew E. Skodol, Janet B. W. Williams, Robert L. Spitzer



Learning DSM-5 by Case Example By Michael B. First, Andrew E. Skodol, Janet B. W. Williams, Robert L. Spitzer

With at least one case presentation for each of the mental disorders catalogued in DSM-5 -- and multiple cases for nearly half of the disorders -- *Learning DSM-5(R) by Case Example* has been meticulously designed to aid practitioners and students of all levels in psychology, psychiatry, social work, counseling, and psychiatric nursing develop internalized prototypes of DSM-5 disorders by first describing each disorder in relatable terms and subsequently illustrating how these symptom constellations manifest in real-life settings using clinical case material.

The nearly 200 cases featured in this guide are drawn from the authors' own clinical experience, as well as that of well over 100 clinicians, many of whom are well-known experts in particular areas of diagnosis and treatment. Sensitive to the fact that one of the hallmarks of mental disorders is the wide range of presentations that are encountered in a real-world setting, many of the disorders described include multiple cases that vary in symptom presentation, gender, age, clinical course, associated impairment in psychosocial functioning, and developmental factors, thus giving readers an appreciation for the heterogeneity typical of these disorders. Each case is complemented by a discussion that elaborates the ways in which the case conforms to the DSM-5 prototype or highlights those features of the case that illustrate the heterogeneity.

With definitions of potentially unfamiliar medical and psychiatric terms, *Learning DSM-5(R) by Case Example* is an accessible resource for readers of all disciplines. And because it guides the reader through the organizational structure of DSM-5, it is also an ideal reference for courses on psychopathology or abnormal psychology.

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Editorial Review

Review

Nothing brings a construct better to life than a vivid example, and this text explodes with wonderfully instructive illustrations of DSM-5 disorders. This text will provide outstanding supplemental reading for courses across the mental health professions. --Thomas A. Widiger, Ph.D., Department of Psychology, University of Kentucky

For the newcomer to mental disorder classification, and even for seasoned clinicians, DSM-5 can seem daunting in its complexity and depth. Fortunately, Drs. First, Skodol, Williams, and Spitzer have provided a marvelously rich compendium of case material that helps the detailed criteria on the pages of DSM-5 come alive. --Robert F. Krueger Ph.D., Hathaway Distinguished Professor, Distinguished McKnight University Professor, and Director of Clinical Training, Department of Psychology, University of Minnesota

I cannot imagine how new students could get an understanding of our diagnostic system without this book. Truly a must read for teachers, students, and practitioners of medicine, nursing, psychology, social work, occupational and physical therapy, and others who interact with persons suffering from mental disorders. --A. John Rush, Professor Emeritus, Duke-National University of Singapore Graduate Medical School

From the Inside Flap

Learning DSM-5(R) by Case Example is the comprehensive guide to mental disorders for practitioners and students of all levels in psychology, psychiatry, social work, counseling, and psychiatric nursing. The nearly 200 cases featured in this guide are drawn from the clinical experience of well over 100 clinicians, many of whom are well-known experts in particular areas of diagnosis and treatment. At least one case presentation is provided for each of the disorders catalogued in DSM-5, and nearly half of the disorders include multiple cases that give readers an appreciation for the heterogeneity typical of these disorders.

The authors help readers develop essential, internalized prototypes of DSM-5 disorders by first describing each disorder in relatable terms and subsequently illustrating how these symptom constellations manifest in real-life settings using clinical case material. With definitions of potentially unfamiliar medical and psychiatric terms, Learning DSM-5(R) by Case Example is an accessible resource for readers of all disciplines. And because it guides the reader through the organizational structure of DSM-5, it is also an ideal reference for courses on psychopathology or abnormal psychology.

From the Back Cover

With nearly 200 cases drawn from the authors' own clinical experience, as well as that of over 100 well-known experts in particular areas of diagnosis and treatment, Learning DSM-5(R) by Case Example is the comprehensive guide to mental disorders for practitioners and students of all levels in psychology, psychiatry, social work, counseling, and psychiatric nursing. At least one case presentation is provided for each of the disorders catalogued in DSM-5, and nearly half of the disorders include multiple cases that give readers an appreciation for the heterogeneity typical of these disorders.

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