



Slow Cooker Dump Dinners: 5-Ingredient Recipes for Meals That (Practically) Cook Themselves (Best Ever)

By Jennifer Palmer

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Busy moms and dads will appreciate these quick, simple, classic recipes, all of which can be popped into a slow-cooker early in the day so it's ready to eat by the time everyone is home from school and work.

Getting a nutritious dinner on the table is one of the top everyday challenges for most families?busy cooks are always eager for healthy, quick, and delicious options that their families will eat. *Slow Cooker Dump Dinners* offers 50 recipes for hot, homemade meals that can be made by “dumping” a few ingredients into a slow-cooker. And the best part? Each dump dinner is made with just 5 ingredients or less! Talk about quick and easy! 50 color photographs

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Editorial Review

About the Author

Jennifer Palmer has written for the Atlantic, Teen Vogue, Curbed, Vice Magazine, and BBC Radio. She lives in Brooklyn, New York.

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