



# Handbook on Animal-Assisted Therapy, Fourth Edition: Foundations and Guidelines for Animal-Assisted Interventions

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## Handbook on Animal-Assisted Therapy, Fourth Edition: Foundations and Guidelines for Animal-Assisted Interventions From Academic Press

In the 15 years since the first edition of *Handbook on Animal-Assisted Therapy* published, the field has changed considerably. The fourth edition of the Handbook highlights advances in the field, with 11 new chapters and over 40% new material. In reading this book, therapists will discover the benefits of incorporating animal-assisted therapy (AAT) into their practices, best practices in animal-assisted intervention, how to design and implement animal-assisted interventions, and the efficacy of AAT with different disorders and patient populations. Coverage includes the use of AAT with children, the elderly, those receiving palliative care, as well as people with chronic disorders, AIDS, trauma, and autistic spectrum disorders. Additional chapters cover techniques for working with families, in juvenile and criminal justice systems, and in colleges and universities.

- Summarizes efficacy research on AAT
- Identifies how to design and implement animal assisted interventions
- Provides methods, standards, and guidelines for AAT
- Discusses AAT for children, the elderly, and special populations
- Describes AAT use in different settings
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#### About the Author

Dr. Fine received his graduate degree from University of Cincinnati in 1982 and has been on the faculty at California State Polytechnic University since 1981. His leadership among faculty and teaching excellence earned him the prestigious Wang Award in 2001, given to a distinguished professor within the California State University system (23 Universities), in this instance for exceptional commitment, dedication, and exemplary contributions within the areas of education and applied sciences. Dr. Fine is also a licensed psychologist who opened his practice in Southern California in 1987. His practice specializes in treating children with ADHD, learning disabilities, developmental disorders and parent child relations.

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