



My Voice Will Go with You: The Teaching Tales of Milton H. Erickson

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"A chalice of wisdom for our time."—Ernest L. Rossi, Ph.D., C.J. Jung Institute of Los Angeles

Milton H. Erickson has been called the most influential hypnotherapist of our time. Part of his therapy was his use of teaching tales, which through shock, surprise, or confusion—with genius use of questions, puns, and playful humor—helped people to see their situations in a new way. In this book Sidney Rosen has collected over one hundred of the tales. Presented verbatim and accompanied by Dr. Rosen's commentary, they are grouped under such headings as Motivating Tales, Reframing, and Capturing the Innocent Eye.

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My Voice Will Go with You: The Teaching Tales of Milton H. Erickson From W. W. Norton & Company Bibliography

- Rank: #147258 in eBooks
- Published on: 2010-12-06
- Released on: 2010-12-06
- Format: Kindle eBook

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Review

“[A] most readable volume, rich in personal memories and comments by Dr. Rosen.... The stories give indirect suggestions, show how to overcome habitual limitation, re-frame experiences from negative to positive and discover values. The result is a remarkable combination of entertaining reading offering personal psychological insight.”

- *Los Angeles Times*

About the Author

Sidney Rosen, M.D., is a world-renowned teacher of Ericksonian approaches to hypnotherapy and psychotherapy.

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