



Practitioner's Guide to Empirically Based Measures of Anxiety (ABCT Clinical Assessment Series)

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This volume provides a single resource that contains information on almost all of the measures that have demonstrated usefulness in measuring the presence and severity of anxiety and related disorders. It includes reviews of more than 200 instruments for measuring anxiety-related constructs in adults. These measures are summarized in 'quick view grids' which clinicians will find invaluable. Seventy-five of the most popular instruments are reprinted and a glossary of frequently used terms is provided.

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