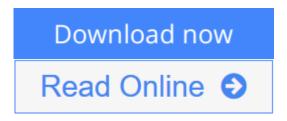


The Well-Balanced Leader: Interactive Learning Techniques to Help You Master the 9 Simple Behaviors of Outstanding Leadership

By Ron Roberts



The Well-Balanced Leader: Interactive Learning Techniques to Help You Master the 9 Simple Behaviors of Outstanding Leadership By Ron Roberts

Empower your people, your company—and yourself—with leadership egolibrium

egolibrium: the ability to toggle between egocentric and "other-centric" attitudes, values, and behaviors for organizational success

There's no doubt about it: the very best leaders are deeply in tune with their behavior and understand the impact it has on others. As one of the world's top trainers in the field of accelerated experiential learning, Ron Roberts understands this more keenly than anyone, and in *The Well-Balanced Leader*, he helps you re-envision your own behavior to become the best leader you can be.

Roberts makes the process of finding the perfect leadership balance—what he calls egolibrium—personally enriching and easy to achieve. He begins by identifying the nine human behavioral dichotomies that most affect the quality of leadership:

- Nonjudgmental / Judgmental
- Nondefensive / Defensive
- Relinquishing Control / Controlling
- Openness to learning / Know it all
- Doing the right thing / Doing whatever you want
- Patience / Impatience
- Letting go / Holding on
- Acceptance / Resistance
- Other-centric / Egocentric

Everyone's behaviors fall somewhere between each dichotomy. Using the activities, action steps, games, and thought exercises included for each pair, you'll figure out exactly where your behaviors land, and then learn how to move

that position in one direction or the other to find the right balance or your specific needs.

When you transcend your personal needs and focus on the needs of others and of the organization, everyone benefits—including you. The result is not only greater job satisfaction for people at all levels, but greater productivity—regardless of the organization's field, product, or service.

The Well-Balanced Leader gives you the tools for making the small, incremental changes in behavior that lead to big changes in awareness—and huge changes in your leadership effectiveness.

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Editorial Review

From the Back Cover

In *The Well-Balanced Leader*, top experiential, accelerated-learning trainer Ron Roberts shows you how to identify your strengths and weaknesses in the nine most critical behavioral areas. He helps you "unstick" yourself from behavioral patterns that damage your influence as a leader, your relationships with those you lead, and the effectiveness of your organization.

The Well-Balanced Leader provides valuable insight into the inner workings of great leadership, along with activities, games, and exercises to determine where you excel?and where you fall short. It empowers you to:

- Strike a balance among the needs of the people you lead, your own needs, and the needs of the organization
- Become more conscious of what motivates you, drives your behavior, and determines how you relate to others
- Think before you speak and respond to every situation with measured behavior

With *The Well-Balanced Leader*, you'll learn how to alter your behavior in ways that benefit your people, contribute value to your organization, and launch yourself to the highest level of success.

About the Author

Ron Roberts is one of today's top consultants and trainers in the area of accelerated experiential learning. He frequently serves as keynote speaker at national conferences and professional meetings. Roberts is president of Action Centered Training Inc., ACT Government Support Services, and ACT Games, LLC, where he has trained executives, managers, supervisors, and line staff in all phases of industry, corporate, and government.

Users Review

From reader reviews:

Tyrell Gutierrez:

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Georgia Hernandez:

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Paul Greenblatt:

A lot of people always spent their free time to vacation or even go to the outside with them loved ones or their friend. Were you aware? Many a lot of people spent they free time just watching TV, as well as playing video games all day long. In order to try to find a new activity that's look different you can read a book. It is really fun in your case. If you enjoy the book that you read you can spent 24 hours a day to reading a reserve. The book The Well-Balanced Leader: Interactive Learning Techniques to Help You Master the 9 Simple Behaviors of Outstanding Leadership it doesn't matter what good to read. There are a lot of those who recommended this book. These were enjoying reading this book. In the event you did not have enough space bringing this book you can buy typically the e-book. You can m0ore easily to read this book through your smart phone. The price is not too costly but this book features high quality.

Sue Randall:

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