



Disorders of Personality: Introducing a DSM / ICD Spectrum from Normal to Abnormal

By Theodore Millon

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Now in its *Third Edition*, this book clarifies the distinctions between the vast array of personality disorders and helps clinicians make accurate diagnoses. It has been thoroughly updated to incorporate the changes in the forthcoming DSM-5. Using the classification scheme he pioneered, Dr. Millon guides clinicians through the intricate maze of personality disorders, with special attention to changes in their conceptualization over the last decade. Extensive new research is included, as well as the incorporation of over 50 new illustrative and therapeutically detailed cases. This is every mental health professional's essential volume to fully understanding personality.

From the Author: Does Psychiatry Itself Have a Personality Problem?

From early in the 20th century, Freud, Adler and Jung wrangled over whose treatment approach was best. Now, today, there are literally dozens of therapies, each vying for its preeminence, shifting yearly in their “popularity”, from psychodynamic to pharmaceuticals, to behavioral, to cognitive, to family, and who knows what else?

No less troubling is psychiatry's inability to maintain a decent measure of clarity or stability in its diagnostic Bible, the DSM, now undergoing its fifth revision in recent decades, and stirring up powerful controversies as it presses for further radical changes since the innovative DSM-III and DSM-IV. What are being proposed is the recasting or dropping of such classical syndromes as the paranoid, the narcissistic, the schizoid and the histrionic (hysterical) personality, while proposing the ascendance of recent types such as the schizotypal, avoidant and borderline. Are these changes a scientifically based index of “survival of the fittest” or another fad of the times, to be recast again in the DSM-6?

It appears that the psychiatric profession can't make up its own mind about what disorders exist and how best to treat them. If they were a patient, they would likely be “diagnosed” with the “borderline personality” label, a disorder noted for its identity confusion, instability, impulsive mood changes, periodic feelings of emptiness, and self-injurious behaviors. Chaos does seem to reign in the

consulting room, but who has the disorder, the doctor or the patient?

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Editorial Review

Review

"The current text, *Disorders of Personality: Introducing a DSM/ICD Spectrum from Normal to Abnormal*, is the third edition of this classic within the field of personality disorder. Millon's greatest skill is his scholarly acumen, and this is on full display within this rich, erudite volume. If clinicians, scholars, or researchers wish to know anything about the history of personality disorder classification, the first place to look would be this book. It is likely that all questions will be answered.... This third edition does include new material. Millon has further developed his evolutionary theoretical model, he has added discussions of 50 new therapy cases, he indicates the normal variants of each personality disorder, he includes a dimensional schema of traits for therapeutic planning, and he even introduces a completely new personality disorder diagnosis: the ebullient/exuberant/turbulent personality type.... The strength of this text is in its coverage of the far past and recent history of personality disorder conceptualization and classification, and that does not change much. Plus, to Millon's credit, although he presents these volumes as companions to a respective edition to the diagnostic manual, he has not revised his nomenclature simply to conform to what is included in the DSM. He continued to endorse the passive-aggressive and sadistic personality disorders when they were removed, and now he continues to endorse the histrionic, paranoid, and schizoid personality disorders." —Thomas A. Widiger (*PsycCRITIQUES*, September 28, 2011, Vol. 56, No. 39, Article 1)

Review

"[This third edition] goes beyond previous editions in its breadth and depth of understanding, representing a crowning achievement in Millon's already unparalleled career. Essential reading for all researchers and practitioners who seek to understand personality and its relevance to contemporary clinical problems." —**Robert F. Krueger**, PhD, Hathaway Distinguished Professor Department of Psychology, University of Minnesota

"This a masterly and erudite volume. Beautifully written by one of the most respected scholars in the field, it provides an authoritative and encyclopaedic overview of all aspects of personality disorder. At the same time, Dr. Millon provides an elegant and integrative theoretical structure that enriches our understanding of personality pathology. This stimulating volume is an essential resource for anyone wishing to treat, study, or understand these complex disorders."

—**John Livesley**, M.D., PhD, Professor Emeritus, Department of Psychiatry, The University of British Columbia

"The third edition of Millon's classic text, *Disorders of Personality*, is a scholarly, comprehensive masterpiece. Wonderfully organized, the book links normal styles with specific pathological styles, while teaching us about the major thinkers in the personality field. Millon is a towering figure among these experts, and this new edition of his voice of wisdom is welcome indeed."

—**John M. Oldham**, M.D., Senior Vice President and Chief of Staff The Menninger Clinic, President-Elect, American Psychiatric Association

About the Author

Theodore Millon, Ph.D., D.Sc. is one of the world's leading authorities on personality disorders. Developer of the widely used Millon personality assessment inventories, he has been the editor of the *Journal of Personality Disorders*, President of the International Society of Personality Disorders, and a key member of

the DSM-III, DSM-IV, and and key advisor to the DSM-5 committees on personality disorders. Dr. Millon is retired Professor of Harvard Medical School and the University of Miami. He is currently Dean and Scientific Director of the Institute for Advanced Studies in Personology and Psychopathology in Coral Gables, FL. He is author of numerous other Wiley books, including *Masters of the Mind: Exploring the Story of Mental Illness from Ancient Times to the New Millennium*, *Personality Disorders in Modern Life, 2E*, and Wiley's forthcoming 15-book *Normality to Abnormality Personality Series*.

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