



## Having It All?: Choices for Today's Superwoman (Family Matters)

By Paula Nicolson

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**Having It All?: Choices for Today's Superwoman (Family Matters)** By Paula Nicolson

We are so lucky; we can have everything: dazzling careers, financial success, happy and fulfilling emotional lives, well-adjusted children, a strong and supportive intimate relationship, friends, a social life, be feminine and look lovely too. Can't we?

No. Most women find themselves lacking somewhere and how much we struggle towards achieving all this depends on how much we've absorbed this 21st century myth.

Dr Paula Nicolson is an expert on gender relations and reproductive health. She shows us how psychological theories explain women's desires and their experiences at home and work and offers solutions to help us when the balance feels like it's tipping one way or another. Easy to read and reassuring, keep it handy for when you have to make decisions about home-life versus career, who you are now and who you want to be in the future.

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## **Having It All?: Choices for Today's Superwoman (Family Matters) By Paula Nicolson Bibliography**

- Sales Rank: #3767041 in eBooks
- Published on: 2010-01-15
- Released on: 2010-01-15
- Format: Kindle eBook

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### **Editorial Review**

#### Review

"...If you feel that you are about to make choices or are unhappy with your day-to-day life, then read Paula Nicolson's book..." (familyonwards.com, 24 October 2002)

"...offers particularly reassuring advice...", January 2003)

"...Easy to read and reassuring, keep it handy for when you have to make decisions about home-life versus career..." (Rollercoaster.ie – Competition, 17 January 2003)

#### From the Back Cover

Can women really have it all?

Women today feel under pressure - from films, TV, magazines - to be great at everything they touch.

Taking a fresh look at this idea of the modern Superwoman - fascinating career, model family, hectic social life - Paula Nicolson unravels the unattainable myth from workaday reality and so helps women take back control of their lives. Using self-tests to aid decision-making and identify areas of stress and anxiety, *Having It All?* prompts women to ask themselves the right questions about their lives and examine the choices they face in order to learn what is really important.

*Having It All?* takes you off the treadmill and helps you find your ways to win!

### **Users Review**

#### **From reader reviews:**

##### **Susan Spiegel:**

Why? Because this *Having It All?: Choices for Today's Superwoman (Family Matters)* is an unordinary book that the inside of the guide waiting for you to snap the idea but latter it will shock you with the secret it inside. Reading this book beside it was fantastic author who all write the book in such wonderful way makes the content on the inside easier to understand, entertaining way but still convey the meaning entirely. So , it is good for you because of not hesitating having this ever again or you going to regret it. This amazing book will give you a lot of benefits than the other book possess such as help improving your proficiency and your critical thinking approach. So , still want to delay having that book? If I had been you I will go to the e-book store hurriedly.

##### **Angela Thomas:**

The book untitled *Having It All?: Choices for Today's Superwoman (Family Matters)* contain a lot of information on this. The writer explains your girlfriend idea with easy means. The language is very clear and understandable all the people, so do not worry, you can easy to read this. The book was written by famous

author. The author gives you in the new age of literary works. You can easily read this book because you can continue reading your smart phone, or gadget, so you can read the book in anywhere and anytime. In a situation you wish to purchase the e-book, you can start their official web-site along with order it. Have a nice study.

**Robert Lyman:**

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**Jamie Harper:**

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