



S.E.X.: The All-You-Need-To-Know Progressive Sexuality Guide to Get You Through High School and College

By Heather Corinna

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Have you ever wondered... Am I normal? (and what is "normal," anyway?) What's up down there? I really like girls, but I like boys sometimes, too. Am I gay, bisexual, or just messed up? Are we both really ready to have sex? Is it ok if I masturbate? I feel like I can't ever say no to my partner. What's the problem? Heather Corinna and Scarleteen.com have been providing sex education and information for young adults, parents, and mentors for nearly ten years. Whether you're straight, gay, sexually active, or just plain curious, S.E.X. spells out everything you need to know, including: A sexual readiness checklist Illustrations of female and male reproductive anatomy How to love your body, even when it's changing every day Tips on safer sex for body, heart, and mind An in-depth birth control breakdown How to create and enjoy the relationships that are right for you Popular mechanics of partnered sex: sexual activities explained, including pregnancy and STI risks STIs 101: what they are and how to keep yourself from getting them

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Editorial Review

Review

“Corinna has put together a blockbuster of a book for young people dealing with sex and relationships. Much like the authors of *Our Bodies, Ourselves* and its spinoffs, Corinna answers every possible question teens and young adults could have about virginity, *puberty*, pregnancy, body image, masturbation, sexual identity, the variety of relationships, and the mechanics of partnered sex. She also addresses topics that are often overlooked, e.g., *transgender* and intergender identities, realistic teen relationship management skills, and *pornography*. An excellent resource for preteens, teens, young adults, and people working with these populations; highly recommended for most libraries.”

Lisa Jervis, *Bitch* magazine co-founder

“Not only would my own adolescence have been vastly less painful and confusing if I'd had access to the accurate, comprehensive, and above all nonjudgmental information that Heather Corinna so carefully provides, but *S.E.X.* is, literally, a lifesaving book: Corinna's vast commonsense wisdom--especially on topics relating to gender roles, queer sexuality, and gender identities--has the potential to improve the physical and emotional health of anyone who reads it, and to help heal our culture's unhealthy, conflicted approaches to sex, sexuality, and gender.”

***Bust* magazine, June/July 2007**

***Library Journal* (Booksmack! e-newsletter), 6/2/11**

“A great deal about body health and maintenance is included. An outstanding resource section offers both print and online information.”

Curve

“The *Our Bodies, Ourselves* for the MySpace generation, this book by the founder of sex ed website Scarleteen.com is a comprehensive course in sexuality and sexual health for teens of any orientation and their parents, teachers and counselors... In a society that all too often scolds and belittles teenagers often deserving of more credit, *S.E.X.* is revolutionary.”

***Seattle Post-Intelligencer*, 05/13/07**

“This is another groundbreaking book.”

Library Journal

About the Author

Heather Corinna is a writer, artist, educator, activist, and Internet publisher and community organizer in her mid-thirties. She has been bringing original, inclusive, informative, feminist, creative, and radical sexuality content to the web since 1997.

Users Review

From reader reviews:

Sandra Jordon:

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Patricia Morales:

Playing with family in the park, coming to see the coastal world or hanging out with good friends is thing that usually you will have done when you have spare time, subsequently why you don't try thing that really opposite from that. Just one activity that make you not sense tired but still relaxing, trilling like on roller coaster you already been ride on and with addition info. Even you love S.E.X.: The All-You-Need-To-Know Progressive Sexuality Guide to Get You Through High School and College, you could enjoy both. It is fine combination right, you still desire to miss it? What kind of hangout type is it? Oh can happen its mind hangout men. What? Still don't have it, oh come on its known as reading friends.

Brenda Hedstrom:

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