



The Empathic Ground: Intersubjectivity and Nonduality in the Psychotherapeutic Process (SUNY series in Transpersonal and Humanistic Psychology)

By Judith Blackstone

[Download now](#)

[Read Online](#) 

The Empathic Ground: Intersubjectivity and Nonduality in the Psychotherapeutic Process (SUNY series in Transpersonal and Humanistic Psychology) By Judith Blackstone

Brings Asian theories of consciousness into dialogue with Western psychotherapeutic practices.

The Empathic Ground explores the experience of nondual consciousness as the basis of human connection, and describes its importance for psychological healing. It looks at the therapeutic relationship from the perspectives of psychoanalytic intersubjectivity theory and Asian nondual philosophy, finding practical meeting points between them that illuminate crucial issues in psychotherapy, such as transference and counter-transference, the nature of subjectivity, and the role of the body. The book also includes a series of exercises developed by the author for realizing nondual consciousness in the clinical setting. Access to this subtle, unified dimension of consciousness develops both our individual human capacities—perception, understanding, love, and physical pleasure—and our relationships with other people. It thus has profound significance for both psychological healing and development, and for the relationship of psychotherapist and client.

“In the larger and ongoing cultural dialogue between East and West, this beautifully written book represents a new and important moment of advance. In it, Blackstone deftly examines subtle nuances in the interface between Western modes of psychotherapy and Asian systems of nondual awareness and practice. By means of a careful and informed examination of major sources, she offers a precise and considered theoretical approach to the specific integration of notions of intersubjectivity and of the nondual awareness into modalities of Western psychotherapy. In ten intelligent and powerful ‘realization processes,’ Blackstone brings forward practical exercises for the specific application of such a theoretical approach to the nondual to the practice of psychotherapy.” — Paul E. Muller-Ortega, author of *The Triadic Heart of Sāiva: Kaula Tantricism of Abhinavagupta in the Non-Dual Shaivism of Kashmir*

“This is a brave and important book. Although there is a large literature on psychoanalysis and Asian religions and an even larger literature on the various philosophical framings of nonduality in Asian thought, this book is one of the very few—if any—that even attempt to bring these two epistemologies into creative, constructive, and critical dialogue.” — Jeffrey J. Kripal, author of *Esalen: America and the Religion of No Religion*

Judith Blackstone is Director of the Center for Transpersonal Embodied Psychotherapy in New York City and Realization Center in Woodstock, New York. She is also on the faculty of the Institute of Transpersonal Psychology and Empire State College, State University of New York. Her books include *Living Intimately: A Guide to Realizing Spiritual Unity in Relationships*.

 [Download The Empathic Ground: Intersubjectivity and Nondual ...pdf](#)

 [Read Online The Empathic Ground: Intersubjectivity and Nondual ...pdf](#)

The Empathic Ground: Intersubjectivity and Nonduality in the Psychotherapeutic Process (SUNY series in Transpersonal and Humanistic Psychology)

By Judith Blackstone

The Empathic Ground: Intersubjectivity and Nonduality in the Psychotherapeutic Process (SUNY series in Transpersonal and Humanistic Psychology) By Judith Blackstone

Brings Asian theories of consciousness into dialogue with Western psychotherapeutic practices.

The Empathic Ground explores the experience of nondual consciousness as the basis of human connection, and describes its importance for psychological healing. It looks at the therapeutic relationship from the perspectives of psychoanalytic intersubjectivity theory and Asian nondual philosophy, finding practical meeting points between them that illuminate crucial issues in psychotherapy, such as transference and counter-transference, the nature of subjectivity, and the role of the body. The book also includes a series of exercises developed by the author for realizing nondual consciousness in the clinical setting. Access to this subtle, unified dimension of consciousness develops both our individual human capacities—perception, understanding, love, and physical pleasure—and our relationships with other people. It thus has profound significance for both psychological healing and development, and for the relationship of psychotherapist and client.

“In the larger and ongoing cultural dialogue between East and West, this beautifully written book represents a new and important moment of advance. In it, Blackstone deftly examines subtle nuances in the interface between Western modes of psychotherapy and Asian systems of nondual awareness and practice. By means of a careful and informed examination of major sources, she offers a precise and considered theoretical approach to the specific integration of notions of intersubjectivity and of the nondual awareness into modalities of Western psychotherapy. In ten intelligent and powerful ‘realization processes,’ Blackstone brings forward practical exercises for the specific application of such a theoretical approach to the nondual to the practice of psychotherapy.” — Paul E. Muller-Ortega, author of *The Triadic Heart of Śāiva: Kaula Tantricism of Abhinavagupta in the Non-Dual Shaivism of Kashmir*

“This is a brave and important book. Although there is a large literature on psychoanalysis and Asian religions and an even larger literature on the various philosophical framings of nonduality in Asian thought, this book is one of the very few—if any—that even attempt to bring these two epistemologies into creative, constructive, and critical dialogue.” — Jeffrey J. Kripal, author of *Esalen: America and the Religion of No Religion*

Judith Blackstone is Director of the Center for Transpersonal Embodied Psychotherapy in New York City and Realization Center in Woodstock, New York. She is also on the faculty of the Institute of Transpersonal Psychology and Empire State College, State University of New York. Her books include *Living Intimately: A Guide to Realizing Spiritual Unity in Relationships*.

The Empathic Ground: Intersubjectivity and Nonduality in the Psychotherapeutic Process (SUNY series in Transpersonal and Humanistic Psychology) By Judith Blackstone Bibliography

- Sales Rank: #366552 in eBooks
- Published on: 2012-02-01
- Released on: 2012-02-01
- Format: Kindle eBook

 [Download The Empathic Ground: Intersubjectivity and Nondual ...pdf](#)

 [Read Online The Empathic Ground: Intersubjectivity and Nondu ...pdf](#)

Download and Read Free Online The Empathic Ground: Intersubjectivity and Nonduality in the Psychotherapeutic Process (SUNY series in Transpersonal and Humanistic Psychology) By Judith Blackstone

Editorial Review

Review

In the larger and ongoing cultural dialogue between East and West, this beautifully written book represents a new and important moment of advance. In it, Blackstone deftly examines subtle nuances in the interface between Western modes of psychotherapy and Asian systems of nondual awareness and practice. By means of a careful and informed examination of major sources, she offers a precise and considered theoretical approach to the specific integration of notions of intersubjectivity and of the nondual awareness into modalities of Western psychotherapy. In ten intelligent and powerful realization processes, Blackstone brings forward practical exercises for the specific application of such a theoretical approach to the nondual to the practice of psychotherapy. Paul E. Muller-Ortega, author of *The Triadic Heart of Saiva: Kaula Tantricism of Abhinavagupta in the Non-Dual Shaivism of Kashmir*

This is a brave and important book. Although there is a large literature on psychoanalysis and Asian religions and an even larger literature on the various philosophical framings of nonduality in Asian thought, this book is one of the very few if any that even attempt to bring these two epistemologies into creative, constructive, and critical dialogue. Jeffrey J. Kripal, author of *Esalen: America and the Religion of No Religion*"

"In the larger and ongoing cultural dialogue between East and West, this beautifully written book represents a new and important moment of advance. In it, Blackstone deftly examines subtle nuances in the interface between Western modes of psychotherapy and Asian systems of nondual awareness and practice. By means of a careful and informed examination of major sources, she offers a precise and considered theoretical approach to the specific integration of notions of intersubjectivity and of the nondual awareness into modalities of Western psychotherapy. In ten intelligent and powerful 'realization processes,' Blackstone brings forward practical exercises for the specific application of such a theoretical approach to the nondual to the practice of psychotherapy." -- Paul E. Muller-Ortega, author of *The Triadic Heart of Saiva: Kaula Tantricism of Abhinavagupta in the Non-Dual Shaivism of Kashmir*

"This is a brave and important book. Although there is a large literature on psychoanalysis and Asian religions and an even larger literature on the various philosophical framings of nonduality in Asian thought, this book is one of the very few--if any--that even attempt to bring these two epistemologies into creative, constructive, and critical dialogue." -- Jeffrey J. Kripal, author of *Esalen: America and the Religion of No Religion*

From the Back Cover

The Empathic Ground explores the experience of nondual consciousness as the basis of human connection, and describes its importance for psychological healing. It looks at the therapeutic relationship from the perspectives of psychoanalytic intersubjectivity theory and Asian nondual philosophy, finding practical meeting points between them that illuminate crucial issues in psychotherapy, such as transference and counter-transference, the nature of subjectivity, and the role of the body. The book also includes a series of exercises developed by the author for realizing nondual consciousness in the clinical setting. Access to this subtle, unified dimension of consciousness develops both our individual human capacities--perception, understanding, love, and physical pleasure--and our relationships with other people. It thus has profound significance for both psychological healing and development, and for the relationship of psychotherapist and client.

"In the larger and ongoing cultural dialogue between East and West, this beautifully written book represents

a new and important moment of advance. In it, Blackstone deftly examines subtle nuances in the interface between Western modes of psychotherapy and Asian systems of nondual awareness and practice. By means of a careful and informed examination of major sources, she offers a precise and considered theoretical approach to the specific integration of notions of intersubjectivity and of the nondual awareness into modalities of Western psychotherapy. In ten intelligent and powerful 'realization processes,' Blackstone brings forward practical exercises for the specific application of such a theoretical approach to the nondual to the practice of psychotherapy." -- Paul E. Muller-Ortega, author of *The Triadic Heart of Shiva: Kaula Tantricism of Abhinavagupta in the Non-Dual Shaivism of Kashmir*

"This is a brave and important book. Although there is a large literature on psychoanalysis and Asian religions and an even larger literature on the various philosophical framings of nonduality in Asian thought, this book is one of the very few--if any--that even attempt to bring these two epistemologies into creative, constructive, and critical dialogue." -- Jeffrey J. Kripal, author of *Esalen: America and the Religion of No Religion*

About the Author

Judith Blackstone is Director of the Center for Transpersonal Embodied Psychotherapy in New York City and Realization Center in Woodstock, New York. She is also on the faculty of the Institute of Transpersonal Psychology and Empire State College, State University of New York. Her books include *Living Intimately: A Guide to Realizing Spiritual Unity in Relationships*.

Users Review

From reader reviews:

Debra Richardson:

Nowadays reading books be a little more than want or need but also get a life style. This reading routine give you lot of advantages. The benefits you got of course the knowledge the actual information inside the book which improve your knowledge and information. The information you get based on what kind of publication you read, if you want get more knowledge just go with education books but if you want feel happy read one having theme for entertaining for instance comic or novel. The particular *The Empathic Ground: Intersubjectivity and Nonduality in the Psychotherapeutic Process* (SUNY series in Transpersonal and Humanistic Psychology) is kind of book which is giving the reader capricious experience.

James Sharpton:

Reading can called head hangout, why? Because if you find yourself reading a book specifically book entitled *The Empathic Ground: Intersubjectivity and Nonduality in the Psychotherapeutic Process* (SUNY series in Transpersonal and Humanistic Psychology) your mind will drift away trough every dimension, wandering in each aspect that maybe unfamiliar for but surely will end up your mind friends. Imaging every single word written in a reserve then become one form conclusion and explanation that maybe you never get just before. The *The Empathic Ground: Intersubjectivity and Nonduality in the Psychotherapeutic Process* (SUNY series in Transpersonal and Humanistic Psychology) giving you another experience more than blown away your thoughts but also giving you useful details for your better life with this era. So now let us teach you the relaxing pattern is your body and mind are going to be pleased when you are finished reading through it, like winning a casino game. Do you want to try this extraordinary paying spare time activity?

Sherrill Height:

This The Empathic Ground: Intersubjectivity and Nonduality in the Psychotherapeutic Process (SUNY series in Transpersonal and Humanistic Psychology) is brand-new way for you who has interest to look for some information given it relief your hunger of knowledge. Getting deeper you into it getting knowledge more you know or else you who still having little bit of digest in reading this The Empathic Ground: Intersubjectivity and Nonduality in the Psychotherapeutic Process (SUNY series in Transpersonal and Humanistic Psychology) can be the light food for you personally because the information inside that book is easy to get through anyone. These books develop itself in the form which is reachable by anyone, that's why I mean in the e-book application form. People who think that in guide form make them feel tired even dizzy this guide is the answer. So there is no in reading a book especially this one. You can find what you are looking for. It should be here for you actually. So , don't miss it! Just read this e-book type for your better life and knowledge.

Tommy Wright:

As we know that book is important thing to add our expertise for everything. By a book we can know everything we would like. A book is a group of written, printed, illustrated or blank sheet. Every year had been exactly added. This book The Empathic Ground: Intersubjectivity and Nonduality in the Psychotherapeutic Process (SUNY series in Transpersonal and Humanistic Psychology) was filled about science. Spend your spare time to add your knowledge about your science competence. Some people has diverse feel when they reading a new book. If you know how big good thing about a book, you can truly feel enjoy to read a book. In the modern era like today, many ways to get book you wanted.

**Download and Read Online The Empathic Ground:
Intersubjectivity and Nonduality in the Psychotherapeutic Process
(SUNY series in Transpersonal and Humanistic Psychology) By
Judith Blackstone #GP52QJBRWD3**

Read The Empathic Ground: Intersubjectivity and Nonduality in the Psychotherapeutic Process (SUNY series in Transpersonal and Humanistic Psychology) By Judith Blackstone for online ebook

The Empathic Ground: Intersubjectivity and Nonduality in the Psychotherapeutic Process (SUNY series in Transpersonal and Humanistic Psychology) By Judith Blackstone Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Empathic Ground: Intersubjectivity and Nonduality in the Psychotherapeutic Process (SUNY series in Transpersonal and Humanistic Psychology) By Judith Blackstone books to read online.

Online The Empathic Ground: Intersubjectivity and Nonduality in the Psychotherapeutic Process (SUNY series in Transpersonal and Humanistic Psychology) By Judith Blackstone ebook PDF download

The Empathic Ground: Intersubjectivity and Nonduality in the Psychotherapeutic Process (SUNY series in Transpersonal and Humanistic Psychology) By Judith Blackstone Doc

The Empathic Ground: Intersubjectivity and Nonduality in the Psychotherapeutic Process (SUNY series in Transpersonal and Humanistic Psychology) By Judith Blackstone Mobipocket

The Empathic Ground: Intersubjectivity and Nonduality in the Psychotherapeutic Process (SUNY series in Transpersonal and Humanistic Psychology) By Judith Blackstone EPub

GP52QJBRWD3: The Empathic Ground: Intersubjectivity and Nonduality in the Psychotherapeutic Process (SUNY series in Transpersonal and Humanistic Psychology) By Judith Blackstone