



The Ultimate Sashiko Sourcebook: Patterns, Projects and Inspirations

By Susan Briscoe

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Sashiko (pronounced shash-ko) means 'stab stitch' and refers to the small running stitch that is worked to build up distinctive decorative patterns, of which there are hundreds. The book begins by exploring the origins of the technique to strengthen clothes and to make them warmer. Getting Started describes everything you need to begin stitching, including selecting suitable fabrics and threads, marking out patterns on the fabric, as well as the stitching technique itself. Ten project chapters show how easy it is to use sashiko patterns to make beautiful items for the home. The sashiko patterns are described in step-by-step detail in the pattern library, showing you exactly how to achieve each individual pattern with ease. Finally a gallery of work by contemporary Japanese textile artists provides extra inspiration.

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Editorial Review

About the Author

Susan Briscoe is a textile designer, author and teacher, specializing in sashiko and Japanese textile design. After graduating in visual art and design, Susan worked as an English teacher in Japan, where she also studied the tea ceremony, traditional textiles, and kimono design and tailoring. Susan has created design kits for Japanese patchwork fabrics, published textile projects in books and magazines, and demonstrates her work at quilt and textile shows.

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