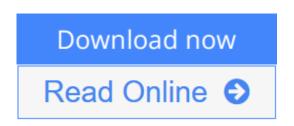


Fire Your Doctor! How to Be Independently Healthy

By Andrew Saul



Fire Your Doctor! How to Be Independently Healthy By Andrew Saul

The focus of this book is how we can get better using practical, effective and safe natural therapies. The effective use of nutritional supplements and natural diet saves money, pain and lives. This title provides information on: Nutritional therapy for more than 80 health conditions; How to improve one's health through changes to diet and lifestyle; Practical tips on juicing and growing a vegetable garden; The latest scientifically validated supplement recommendations.

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Review

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"Saul uses a sharp wit in advocating for vitamins and attacking the medical and pharmaceutical professions." - **Batavia Daily News**

About the Author

Andrew W. Saul, M.S., Ph.D., is editor-in-chief of the Orthomolecular Medicine NewsService and is on the editorial board of the Journal of Orthomolecular Medicine. Has published more than 180 peer-reviewed articles and has written or coauthored 12 books.

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