



Foundations of Career Counseling: A Case-Based Approach

By Suzanne M. Dugger

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Foundations of Career Counseling: A Case-Based Approach is designed for students taking courses in career counseling. Additionally, a full chapter is dedicated to the career development of students seeking graduate degrees in counseling.

Develop understanding of both theory and technique using in-depth, engaging case studies.

Rather than simply describing career development theories, *Foundations of Career Counseling: A Case-Based Approach* uses seven realistic, diverse client scenarios to help students connect with the material and master career counseling content and skills. Balancing both theory and application, chapters about the career counseling process, intake interviews, and the use of tests, card sorts, and resources contain transcripts, examples, and sample assessment results from simulated sessions with these fictional clients. Suzanne Dugger's down-to-earth writing style clearly explains complex concepts in everyday language. Future counselors will develop a thorough understanding of both theory and technique pertaining to career development interventions with children and young adults as well as with adults—including specific populations such as persons with disabilities, military veterans, ex-offenders, homemakers and caretakers transitioning back into the world of work—and even themselves!

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