



# Golf For Dummies

By Gary McCord

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## Golf For Dummies By Gary McCord

### The fun and easy way to get a grip on golf

*Golf For Dummies*, 4th Edition, gives you all the latest information on the game, including updated expert advice on everything from improving fundamentals to mastering the game's mental aspects. With advice from professional Gary McCord, this expert guide gives you easy to follow instructions for hitting the ball farther and straighter, and hints on how to shave strokes off your game.

- Updated instructions on grips, stances, and swings
- The most current stars and best courses
- New tips from top players on how to improve your game
- Details on the latest golf equipment and technology

Playing golf is fun-playing better is even more fun. With a little help from *Golf For Dummies*, 4th Edition, you'll have the time of your life whenever you hit the links.

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### Editorial Review

From the Back Cover

#### *Learn to:*

- Master your grip, stance, and swing
- Improve your game with tips from the pros
- Overcome the game's mental challenges with tricks and exercises

#### **Expert advice for improving your game and getting a grip on golf**

Playing golf is fun — but there's a reason why it's known as the most maddening (if not wondrous) game of all. The intricacies of the sport can *tee off* even the most patient golfer, but that's where this friendly guide helps! Here, golf pro Gary McCord gives you easy-to-follow instructions and expert advice on everything you need to know to hit the ball farther and straighter, shave strokes off your game, and have a blast whenever you play.

- **Get on course** — discover the ins and outs of this mad, great game, from uncovering its history and looking at a standard course to understanding the benefits of "smart" play
- **Choose your weapons** — get expert tips and guidance on choosing the right clubs and accessories for your unique needs (and budget)
- **Get into the swing** — follow easy-to-understand explanations to warm up your body, handle your clubs, and swing like a pro
- **Step onto the green** — find out where to play, how to fit in, and what to expect at public courses, private courses, and driving ranges
- **Keep your head in the game** — learn how to overcome the mental challenges of the game, beat bad breaks, and weather the elements

#### **Open the book and find:**

- How to grip a club and perfect your stance
- Swing techniques
- Exercises to help improve your skills and fitness
- Common faults and easy fixes
- First-tee strategies
- Info on rules, etiquette, and keeping score
- How to be a smart golf consumer
- What you can learn from the pros on TV
- Profiles of famous courses and players

About the Author

**Gary McCord** is a PGA Champions Tour player and celebrity golf instructor. He's best known for the knowledgeable perspective, refreshing humor, and irreverent wit he has shown as a golf commentator for CBS for nearly 25 years.

## **Users Review**

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