



# How to Forgive When You Can't Forget: Healing Our Personal Relationships

By Charles Klein

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It's hard to say "I'm sorry." But it's even harder to forgive someone who has hurt you deeply. This book, written by a rabbi, teaches us how to shift our perception—moving beyond the pain and mistrust and allowing ourselves to say, with honesty and an open heart, "I want you to be a part of my life again." This is a book that is being shared between family members and handed from friend to friend—one that can mend the heartache of shattered relationships by enlightening, illuminating, and giving us the precious chance to heal.

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About the Author

**Charles Klein** has served as Rabbi of the Merrick Jewish Centre in Merrick, New York, for the past 16 years. He is a graduate of Brandeis University and was ordained by the Jewish Theological Seminary of America. He also studied at Columbia University School of Social Work and received his Masters degree from that institution.

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