

# Soul Feast, Newly Revised Edition: An Invitation to the Christian Spiritual Life

By Marjorie J. Thompson



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First released in 1995, this spiritual classic continues to be a bestseller, as thousands each year accept Marjorie Thompson's invitation to the Christian spiritual life. Offering a framework for understanding the spiritual disciplines and instruction for developing and nurturing those practices, *Soul Feast* continues to be a favorite for individual reflection and group study. Many new additions, including a new chapter on keeping the Sabbath, make this newly revised edition of *Soul Feast* a must-have.

This newly revised edition will include the following new or updated content:

- An all-new introduction, reflecting on the book's twenty-year history and why it has remained so popular.
- An all-new chapter on keeping the Sabbath, one of the most life-giving spiritual disciplines in a hurried 24/7 world. It will explore the importance of Sabbath time, and how readers can create space for it when the pace of life seems to be continually accelerating.
- A significantly expanded "Rule of Life" chapter at the end of the book, based on numerous reader requests for more guidance on how to go about creating their own personal Rule.
- Some refreshed sidebar quotations from spiritual writers to complement the best ones from the prior editions.
- A revised group study guide to reflect the addition of new materials.



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#### **Editorial Review**

About the Author

**Marjorie J. Thompson** is author of *Forgiveness: A Lenten Study*. A Presbyterian pastor, she spent thirteen years as Director of Congregational Spirituality with Upper Room Ministries. She currently does freelance work in retreat leadership, teaching, and writing.

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What I have observed over the past twenty years has increased my sense of urgency about the need for spiritual practice among us. If we do not learn to honor and strengthen the inner life of spirit, all the external changes in the world cannot save us. New laws, regulations, and technological fixes are all susceptible to human corruption and self-interest. If we do not know ourselves as beings created to reflect the divine image, we will lose the immense opportunity for transformation God has offered us in the gift of life itself. And if the love of God embodied in Christ cannot turn us, how shall we be turned? ?from the Introduction

#### **Users Review**

#### From reader reviews:

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