



The Psyche in Chinese Medicine: Treatment of Emotional and Mental Disharmonies with Acupuncture and Chinese Herbs, 1e

By Giovanni Maciocia CAc(Nanjing)

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The Psyche in Chinese Medicine: Treatment of Emotional and Mental Disharmonies with Acupuncture and Chinese Herbs, 1e By Giovanni Maciocia CAc(Nanjing)

THE PSYCHE IN CHINESE MEDICINE comprehensively discusses the treatment of mental-emotional disorders with both acupuncture and herbal medicine. Suitable for practitioners and students of Chinese medicine it discusses first the aetiology, pathology and diagnosis of mental disorders. It explores the nature of the Mind (Shen), Ethereal Soul (Hun), Corporeal Soul (Po), Intellect (Yi) and Will-Power (Zhi) and then presents the diagnosis and treatment of the most common psychological disorders with both acupuncture and Chinese herbs in detail. Specific chapters focus on the treatment of common conditions including depression, anxiety, insomnia, panic attacks, bipolar disorder and Attention Deficit Hyperactivity Disorder. Each condition is illustrated with case histories from the author's 35 years-long practice.

- Comprehensive discussion of the nature of the Shen, Hun, Po, Yi and Zhi in Chinese medicine
- The first detailed description of the nature and functions of the Hun (Ethereal Soul) and how that relates to conditions such as depression, bipolar disorders and Attention Deficit Hyperactivity Disorder
- An entire chapter dedicated to the functions of acupuncture points in the treatment of mental-emotional disorders
- Case studies that offer realistic insights and understanding to the range of diagnostic and treatment choices the practitioner can make
- Attractive 2-colour page layout gives easy access and navigation around the text

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Editorial Review

Review

"Handsomely bound and weighty, clearly presented and packed with a wealth of thought provoking information, *The Psyche in Chinese Medicine* will make an attractive read for anyone interested in the subject as well as good clinical reference point for those difficult to decipher signs and symptoms."

(European Journal of Oriental Medicine, Summer 2010)

About the Author

Giovanni Maciocia is one of the most highly-regarded and respected authors and lecturers in the West. He is Visiting Associate Professor at the Nanjing University of Traditional Chinese Medicine and has many years of experience in teaching and practice. Giovanni trained initially in the UK and then in China, learned Chinese to be able to study from original Chinese texts, and was one of the first practitioners and authors to introduce Chinese medicine in a clear and accessible way to a Western student audience.

Giovanni Maciocia has written other best-selling books under the Elsevier Churchill Livingstone imprint - *The Practice of Chinese Medicine: The Treatment of Diseases with Acupuncture and Chinese Herbs, 2e* (ISBN 978-0443074905), *Diagnosis in Chinese Medicine: A Comprehensive Guide, 1e* (ISBN 9780443064487), *The Channels of Acupuncture: Clinical Use of the Secondary Channels and Eight Extraordinary Vessels, 1e* (ISBN 9780443074912), *The Psyche in Chinese Medicine: Treatment of Emotional and Mental Disharmonies with Acupuncture and Chinese Herbs, 1e* (ISBN 9780702029882), and *Obstetrics and Gynecology in Chinese Medicine, 2e* (ISBN 9780443104220).

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