

Turn Your Mate into Your Soulmate: A Practical Guide to Happily Ever After

By Arielle Ford



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Internationally bestselling author and relationship expert Arielle Ford offers the keys to re-discovering love, passion, respect, and renewed commitment, years after the simple act of falling in love and getting married.

It's one thing to fall in love and get married. It is quite another thing to have a marriage you love. This is the true purpose of *Turn Your Mate Into Your Soulmate*.

Author of the international bestseller *The Soulmate Secret*, Arielle Ford unlocks the wisdom learned in her own marriage along with expertise gleaned from friends and experts such as Harville Hendrix, John Gray, Dr. Helen Fisher, Neale Donald Walsch, and Marianne Williamson, to help readers find a happy middle ground between the rare, precious, and unattainable romantic notion of love, and the reality that happens when restlessness, anger, or disappointment set in and act as a stubborn barrier to happiness and fulfillment.

Turn Your Mate into Your Soulmate explores and reveals:

- What love really is and is not, and how to infuse your life with richer, fulfilling love.
- Why we yearn to be connected to another person;
- Our soul and our sacred contracts around love.
- Why giving up perfectionism is the key to happiness.
- The purpose and benefits of marriage.
- Components of a healthy relationship.
- Moving beyond ourselves to infuse our relationships with God/Spirit/devotion.
- Breathing new life into old love by kick-starting the fun;
- Why changing partners may not be the answer and why re-envisioning the partner you have can be the path to happiness.

Arielle lays the groundwork for the purpose and work needed for a healthy relationship, proving that marriage is not as simple as Happily Ever After—but that real love can be even better.

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Turn Your Mate into Your Soulmate: A Practical Guide to Happily Ever After By Arielle Ford Bibliography

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Editorial Review

Review

"Arielle Ford...offers simple and immediate ways to breathe new life into old relationships and build bridges between the very different ways in which women and men think and see relationships." (**John Gray**, author of *Men are from Mars, Women are from Venus*)

Arielle Ford guides you through the best relationship practices, no matter where you are in your relationship journey, and gives you the lowdown on what really works. Anyone interested in deepening their relationships can benefit from this book's wisdom." (**Kathlyn and Gay Hendricks**, bestselling authors of *Conscious Loving Ever After*)

"Arielle's brilliant, absolutely profound wisdom on love, teaches, inspires, and proves to us all that no matter the circumstances, the most amazing love is attainable, right now." (**Kailen Rosenberg**, Celebrity Love Architect, author of *Real Love, Right Now* and former host of *Lovetown, USA*)

"Arielle Ford's hands-on approach to love everlasting inspires readers to create the kind of relationship with their partners that they have always wanted, desired and so deeply deserve to have." (**Katherine Woodward Thomas**, author of *Conscious Uncoupling: 5 Steps to Living Happily Even After*)

"Arielle Ford is a priestess of love. She has lived the love drama, learned from the love drama, and succeeded at the love drama. She has a lot of information to deliver, and in this book she does so compassionately and wisely." (Marianne Williamson, #1 New York Times bestselling author)

"If you are stalled in your love relationship, Arielle Ford not only helps you discover new possibilities, she shows you the way to realize them. Her book is loaded with powerful insights and examples of real life partnerships to model." (**Adoley Odunton**, author of 52 Weeks To The Life You Love)

"Turn Your Mate into Your Soulmate is a must-read for all couples. This book is a profound guide towards true love, deep connection and soul partnership. Arielle brilliantly offers a path to release all that blocks you from the soulmate love you've been longing for. (**Gabrielle Bernstein**, *New York Times* bestselling author of *Miracles Now*)

"Arielle Ford is a perfect example of how to make a marriage not only work, but thrive. She helps you shift your perspective so you can recreate and sustain the love that once brought you together. Brilliant, practical, and transformational." (**Christy Whitman**, *New York Times* bestselling author of *The Art of Having It All*)

"Arielle Ford reveals the secrets to creating legendary love in this beautifully written and highly prescriptive book. She offers surprisingly simple solutions for couples looking to reignite love and passion." (**Marci Shimoff**, author of *Happy For No Reason*)

"Turn Your Mate into Your Soulmate is a wonderful combination of great wisdom, useful tools, practical solutions and heart opening insights that can help you take your relationship from ordinary to extraordinary. (**Dr. Sheri Meyers**, marriage and family therapist, author of *Chatting or Cheating*)

"This book will show you how to transform your relationship to create more moments of deep

understanding, romance, and connection... moments of heart opening that will create that tingly-all-over feeling." (**Sarah McLean**, bestselling author of *Soul-Centered: Transform Your Life in 8 Weeks with Meditation*)

"I'm in LOVE with this book! A treasure trove of relationship gems that made me laugh out loud over and over." (**Linda Sivertsen**, author of *Lives Charmed* & creator of The Boyfriend Log iPhone app)

"Turn Your Mate Into Your Soulmate should be on every woman's 'must read' list. Riveting revelations, inspiring real-life stories, wisdom and cutting-edge relationship research that ANYONE can implement NOW to help their relationship go from okay to good, good to great, and great to glorious. (Carol Allen, Vedic Astrologer and Relationship Coach)

"In Turn Your Mate Into Your Soulmate, Arielle Ford masterfully guides us to re-ignite our soul relationship so it can shine brightly through every spring and winter of our journey together. This book will make your heart flutter all over again." (Allison Maslan, Entrepreneur and author of *Blast Off!*)

"Arielle Ford has inspired legions of people to find their true soulmates. In her new book, she shares her experience and wisdom to help couples imbue their relationships with an even more soulful love and a deeper understanding of what it takes to create a true partnership." (**Rev. Laurie Sue Brockway**, Wedding Officiant and author of *Your Perfect Wedding Vows*)

"Arielle Ford has written a book that gives couples the tools to create lasting, loving relationships. In Turn Your Mate Into Your Soulmate, Arielle offers crystal clear examples and steps for you to strengthen that bridge so you can create a deep connection with your partner." (**Orna** and **Matthew Walters**, Soulmate Coaches)

"I LOVE Arielle Ford's newest book Turn Your Mate Into Your Soulmate! Arielle keeps it real in this refreshing, honest and inspiring book offering the most complete and masterful guidance to truly transform marriages and encouraging us to relax into true love, and with it-true inner peace." (Mary Allen, Author of *The Power of Inner Choice*)

"Arielle does it again! This time in a wonderful toolkit for seasoned couples, and anyone/everyone who is interested in maintaining or bringing the magic back to their relationship. I plan on keeping the book bedside just handy to share ideas, especially the communication prompts, with my honey." (**Kim Weiss**, author of *Sunrise Sunset: 52 Weeks of Awe & Gratitude*)

"Arielle Ford pulls together an amazing collection of strategies and tips not only to turn your mate into your soulmate, but to find deeper intimacy for long-lasting love." (**Cherry Norris**, dating coach, actor and filmmaker)

"This is the book that every married woman should read before and during their marriage many times over. As a matter of fact, it should just stay on their bedside table." (**Christina Rasmussen**, author of *Second Firsts: Live, Laugh and Love Again*)

"The power of Arielle Ford's new book is that she shows you how to realize that you are already the love you seek—and to use that knowledge with yourself and those whose lives you touch. I can't think of a greater gift than that." (**Geneen Roth**, author of *Women Food and God* and *Lost and Found*)

"Arielle Ford humorously and passionately distills ageless spiritual truths in service of our greatest purpose

on earth: To love and be loved. She gives us a generous and compassionate lens through which we can recognize our soul's purpose in love, and find the greatest joy in our relationships." (**Laura Berman**, LCSW, PhD, love and relationship expert and author of *Quantum Love*)

"Arielle Ford's *Turn Your Mate Into Your Soulmate* is a delightful read, packed with practical wisdom to guide us through the crucible that romantic partnership can sometimes be when we are learning our greatest life lessons." (**Linda Bloom**, co-author of 101 Things I Wish I Knew When I Got Married: Simples Lessons to Make Love Last and Secrets of Great Marriages: Real Truths from Real Couples About Lasting Love)

"Turn Your Mate into Your Soulmate holds the key to embracing every relationship in your life as an opportunity to turn conflict into happily ever after. This book is loaded with relationship treasures." (Christiane Northrup, M.D., ob/gyn physician and author of the New York Times bestsellers: Goddesses Never Age: The Secret Prescription for Radiance, Vitality, and Wellbeing, Women's Bodies, Women's Wisdom, and The Wisdom of Menopause)

"[*Turn Your Mate Into Your Soulmate*] is an instruction book for applied compassion. It's a healing, soothing and empowering instruction book for everyone in a love relationship, and those who want to be in one." (Huffington Post)

"What makes love last? Is it the chemistry? The kindness? The passion? The spiritual connection? The partners' worthiness? The hand of fate? Few people have been better prepared to tackle this question than Arielle Ford." (**Donna Eden and David Feinstein**, Ph.D, Co-authors, *The Energies of Love*)

About the Author

Arielle Ford is an acclaimed relationship expert and the international bestselling author of *The Soulmate Secret*.

Users Review

From reader reviews:

Anna Yates:

Playing with family in the park, coming to see the sea world or hanging out with pals is thing that usually you will have done when you have spare time, then why you don't try matter that really opposite from that. Just one activity that make you not feeling tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of information. Even you love Turn Your Mate into Your Soulmate: A Practical Guide to Happily Ever After, you can enjoy both. It is excellent combination right, you still wish to miss it? What kind of hangout type is it? Oh seriously its mind hangout folks. What? Still don't obtain it, oh come on its identified as reading friends.

Sandra McNulty:

Beside that Turn Your Mate into Your Soulmate: A Practical Guide to Happily Ever After in your phone, it could give you a way to get more close to the new knowledge or details. The information and the knowledge you might got here is fresh from your oven so don't end up being worry if you feel like an older people live in narrow village. It is good thing to have Turn Your Mate into Your Soulmate: A Practical Guide to Happily

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Beth Murray:

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